

# IUPAC Periodic Table of the Elements

1 1 <b>H</b> hydrogen 1.007 94(7)	2 <b>Be</b> beryllium 9.012 182(3)	13 <b>B</b> boron 10.811(7)	14 <b>C</b> carbon 12.0107(8)	15 <b>N</b> nitrogen 14.0067(2)	16 <b>O</b> oxygen 15.9994(3)	17 <b>F</b> fluorine 18.998 4032(5)	18 <b>He</b> helium 4.002 602(2)
3 <b>Li</b> lithium 6.941(2)	4 <b>Be</b> beryllium 9.012 182(3)	5 <b>V</b> vanadium 50.9415(1)	6 <b>Cr</b> chromium 51.9961(6)	7 <b>Mn</b> manganese 54.938 045(5)	8 <b>Fe</b> iron 55.845(2)	9 <b>Co</b> cobalt 58.933 195(5)	10 <b>Ni</b> nickel 58.6934(2)
11 <b>Na</b> sodium 22.989 769 28(2)	12 <b>Mg</b> magnesium 24.3050(6)	11 <b>Ti</b> titanium 47.867(1)	12 <b>Sc</b> scandium 44.955 912(6)	13 <b>Al</b> aluminium 26.981 5386(8)	14 <b>Si</b> silicon 28.0855(3)	15 <b>P</b> phosphorus 30.973 762(2)	16 <b>S</b> sulfur 32.065(5)
19 <b>K</b> potassium 39.0983(1)	20 <b>Ca</b> calcium 40.078(4)	21 <b>Sc</b> scandium 44.955 912(6)	22 <b>Ti</b> titanium 47.867(1)	23 <b>V</b> vanadium 50.9415(1)	24 <b>Cr</b> chromium 51.9961(6)	25 <b>Mn</b> manganese 54.938 045(5)	26 <b>Fe</b> iron 55.845(2)
37 <b>Rb</b> rubidium 85.4678(3)	38 <b>Sr</b> strontium 87.62(1)	39 <b>Y</b> yttrium 88.905 85(2)	40 <b>Zr</b> zirconium 91.224(2)	41 <b>Nb</b> niobium 92.906 38(2)	42 <b>Mo</b> molybdenum 95.94(2)	43 <b>Tc</b> technetium [98]	44 <b>Ru</b> ruthenium 101.07(2)
55 <b>Cs</b> caesium 132.905 4519(2)	56 <b>Ba</b> barium 137.327(7)	57-71 lanthanoids	72 <b>Hf</b> hafnium 178.49(2)	73 <b>Ta</b> tantalum 180.947 88(2)	74 <b>W</b> tungsten 183.84(1)	75 <b>Re</b> rhenium 186.207(1)	76 <b>Os</b> osmium 190.23(3)
87 <b>Fr</b> francium [223]	88 <b>Ra</b> radium [226]	89-103 actinoids	104 <b>Rf</b> rutherfordium [261]	105 <b>Db</b> dubnium [262]	106 <b>Sg</b> seaborgium [266]	107 <b>Bh</b> bohrium [264]	108 <b>Hs</b> hassium [277]
			109 <b>Mt</b> meitnerium [268]	109 <b>Ds</b> darmstadtium [271]	110 <b>Rg</b> roentgenium [272]		
							
57 <b>La</b> lanthanum 138.905 47(7)	58 <b>Ce</b> cerium 140.116(1)	59 <b>Pr</b> praseodymium 140.907 65(2)	60 <b>Nd</b> neodymium 144.242(3)	61 <b>Pm</b> promethium [145]	62 <b>Sm</b> samarium 150.36(2)	63 <b>Eu</b> europium 151.964(1)	64 <b>Gd</b> gadolinium 157.25(3)
65 <b>Tb</b> terbium 158.925 35(2)	66 <b>Dy</b> dysprosium 162.500(1)	67 <b>Ho</b> holmium 164.930 32(2)	68 <b>Er</b> erbium 167.259(3)	69 <b>Tm</b> thulium 168.934 21(2)	70 <b>Yb</b> ytterbium 173.04(3)	71 <b>Lu</b> lutetium 174.967(1)	
89 <b>Ac</b> actinium [227]	90 <b>Th</b> thorium 232.038 06(2)	91 <b>Pa</b> protactinium 231.035 88(2)	92 <b>U</b> uranium 238.028 91(3)	93 <b>Np</b> neptunium [237]	94 <b>Pu</b> plutonium [244]	95 <b>Am</b> americium [243]	96 <b>Cm</b> curium [247]
97 <b>Bk</b> berkelium [247]	98 <b>Cf</b> californium [251]	99 <b>Es</b> einsteinium [252]	100 <b>Fm</b> fermium [257]	101 <b>Md</b> mendelevium [258]	102 <b>No</b> nobelium [259]	103 <b>Lr</b> lawrencium [262]	

## Notes

- "Aluminum" and "cesium" are commonly used alternative spellings for "aluminium" and "caesium."
- IUPAC 2005 standard atomic weights (mean relative atomic masses) as approved at the 43rd IUPAC General Assembly in Beijing, China in August 2005 are listed with uncertainties in the last figure in parentheses [M. E. Wieser, *Pure Appl. Chem.*, in press]. These values correspond to current best knowledge of the elements in natural terrestrial sources. For elements that have no stable or long-lived nuclides, the mass number of the nuclide with the longest confirmed half-life is listed between square brackets.
- Elements with atomic numbers 112 and above have been reported but not fully authenticated.



# General Data and Fundamental Constants

Speed of light in vacuum	$c_0$	$299\,792\,458 \text{ m s}^{-1}$ (defined)
Elementary charge	$e$	$1.602\,176\,53(14) \times 10^{-19} \text{ C}$
Boltzmann constant	$k, k_B$	$1.380\,650\,5(24) \times 10^{-23} \text{ J K}^{-1}$
Planck constant	$\hbar$ $\hbar = h/2\pi$	$6.626\,069\,3(11) \times 10^{-34} \text{ J s}$ $1.054\,571\,68(18) \times 10^{-34} \text{ J s}$
Avogadro constant	$L, N_A$	$6.022\,141\,5(10) \times 10^{23} \text{ mol}^{-1}$
Gas constant	$R$	$8.314\,472\,(15) \text{ J K}^{-1} \text{ mol}^{-1}$
Faraday constant	$F$	$9.648\,533\,83(83) \times 10^4 \text{ C mol}^{-1}$
Atomic mass constant (dalton, or unified atomic mass unit, $m(^{12}\text{C})/12$ )	$m_u = Da = u$	$1.660\,538\,86(28) \times 10^{-27} \text{ kg}$
Electron rest mass	$m_e$	$9.109\,382\,6(16) \times 10^{-31} \text{ kg}$
Proton rest mass	$m_p$	$1.672\,621\,71(29) \times 10^{-27} \text{ kg}$
Neutron rest mass	$m_n$	$1.674\,927\,28(29) \times 10^{-27} \text{ kg}$
Permeability of vacuum (or magnetic constant)	$\mu_0$	$4\pi \times 10^{-7} \text{ H m}^{-1}$ (defined) Note: $\text{H m}^{-1} = \text{N A}^{-2} = \text{N s}^2 \text{ C}^{-2}$
Permittivity of vacuum (or electric constant)	$\epsilon_0 = 1/\mu_0 c_0^2$	$8.854\,187\,816... \times 10^{-12} \text{ F m}^{-1}$ Note: $\text{F m}^{-1} = \text{C}^2 \text{ J}^{-1} \text{ m}^{-1}$
Bohr magneton	$\mu_B = e \hbar / 2m_e$	$9.274\,009\,49(80) \times 10^{-24} \text{ J T}^{-1}$
Nuclear magneton	$\mu_N = (m_e/m_p)\mu_B$	$5.050\,783\,43(43) \times 10^{-27} \text{ J T}^{-1}$
Landé $g$ -factor for free electron	$g_e$	$2.002\,319\,304\,371\,8(75)$
Fine structure constant	$\alpha = \mu_0 e^2 c_0 / 2\hbar$	$7.297\,352\,568(24) \times 10^{-3}$
Second radiation constant	$c_2 = hc_0/k$	$1.438\,775\,2(25) \times 10^{-2} \text{ m K}$
Stefan-Boltzmann constant	$\sigma = 2\pi^5 k^4 / 15h^3 c_0^2$	$5.670\,400(40) \times 10^{-8} \text{ W m}^{-2} \text{ K}^{-4}$
Bohr radius	$a_0 = 4\pi \epsilon_0 \hbar^2 / m_e e^2$	$5.291\,772\,108(18) \times 10^{-11} \text{ m}$
Hartree energy	$E_h = \hbar^2 / m_e a_0^2$	$4.359\,744\,17(75) \times 10^{-18} \text{ J}$
Rydberg constant	$R_\infty = E_h / 2hc_0$	$1.097\,373\,156\,852\,5(73) \times 10^7 \text{ m}^{-1}$

Standard acceleration of free fall $g_n$	$9.806\,65 \text{ m s}^{-2}$ (defined)
Gravitational constant $G$	$6.674\,2(10) \times 10^{-11} \text{ m}^3 \text{ kg}^{-1} \text{ s}^{-2}$
Zero of Celsius scale	$273.15 \text{ K}$ (defined)
Molar volume of ideal gas, $p = 1 \text{ bar}$ and $T = 273.15 \text{ K}$	$22.710\,981\,(40) \text{ L mol}^{-1}$
Standard atmosphere	$101\,325 \text{ Pa}$ (defined)
$RT$ at $298.15 \text{ K}$	$2.4790 \text{ kJ mol}^{-1}$

## PRESSURE CONVERSION FACTORS

	Pa	atm	Torr
1 Pa =	1	$9.869\,23 \times 10^{-6}$	$7.500\,62 \times 10^{-3}$
1 atm =	101 325	1	760
1 Torr =	133.322	$1.315\,79 \times 10^{-3}$	1

Example of the use of this table: 1 atm = 101 325 Pa

Notes: 1 mmHg = 1 Torr ; 1 bar =  $10^5 \text{ Pa}$

## ENERGY CONVERSION FACTORS

	energy $E$	molar energy $E_m$	wavenumber $\tilde{\nu}$		
	J	eV	$E_h$	kJ/mol	cm <sup>-1</sup>
1 aJ	$10^{-18}$	6.241 509	0.229 3713	602.2142	50 341.17
1 eV	$1.602\,177 \times 10^{-19}$	1	$3.674\,932 \times 10^{-2}$	96.485 34	8 065.544
1 $E_h$	$4.359\,744 \times 10^{-18}$	27.211 38	1	2625.500	219 474.6
1 kJ/mol	$1.660\,539 \times 10^{-21}$	$1.036\,427 \times 10^{-2}$	$3.808\,799 \times 10^{-4}$	1	83.593 47
1 cm <sup>-1</sup>	$1.986\,446 \times 10^{-23}$	$1.239\,842 \times 10^{-4}$	$4.556\,335 \times 10^{-6}$	$11.962\,66 \times 10^{-3}$	1

Example of the use of this table: 1 eV 'corresponds to' or 'is equivalent to' 96.485 34 kJ/mol

Note: 1 cal = 4.184 J

Source: The National Institute of Standards and Technology (NIST) reference on Constants, Units, and Uncertainties (2002 values)  
<http://physics.nist.gov/cuu/constants>.