

ANALÝZA DECHU



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 Ústav Chemie, PřF, MU

DECH fakta

Člověk dýchá od narození
 Denní výměna vzduchu 10.000 L / den
 Celý život : 70 let X 365 dní 255 500 000 L = 255 000 m³

Srovnání objemu:

Rodinný dům : 1000 m³
 Menší mrakodrap ~ 255 000 m³



What Your Breath Reveals



http://online.wsj.com/news/interactive/HEA_LTHCOL1009?ref=SB10000872396390444_024204578044401470426998

- Úvod
- Důležitost klinické analýzy
- Příklady – krevní vyšetření
- POC analýza
- Glukometr
- Test moči
- Těhotenský test
- Neinvazivní dávkování



INVAZIVNÍ vs. NEINVAZIVNÍ

ODBĚR

KREV
 CSF (cerebrospinal fluid)
 BIOPSIE
 TKÁŇOVÝ ODBĚR

MOČ
 SLINY
 DECH

1506 by Ulrich Pinder
Epiphanie Medicorum



Testování moči - uroskopie

Sladká	- diabetes
Hnědá	- žloutenka
Červené zbarvení, pěna	- ledviny
Krev	- rakovina močového ústrojí

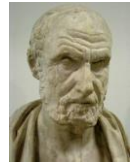
HISTORIE ANALÝZY DECHU

Hippokrates (460 BC – c. 370 BC)

fetor oris and *fetor hepaticus* in his treatise on breath aroma and disease

Hippocrates, *The Corpus: The Hippocratic Writings*, Kaplan Publishing, New York, 2008.

The Hippocratic Corpus (Latin: *Corpus Hippocraticum*) is a collection of around seventy early medical works from [Alexandrian Greece](#). It is written in [Ionic Greek](#)

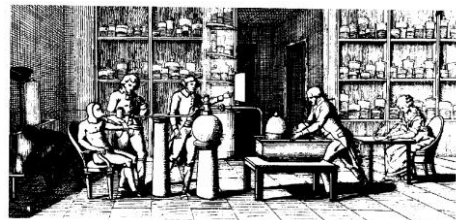


Paličkovité prsty u pacienta s Eisenmengerovým syndromem

Poprvé popsány Hippokratesem, "Hippocratic fingers". jsou důsledkem dlouhodobé hypoxie periferie u cyanotických srdečních vad.

Paličkové prsty jsou připsány chorobám plicním: rakovina plic, CF, komplikovaná TBC, srdečním chorobám

Antoine Lavoisier 1784



"Experiments on Animal Respiration and the Changes Occurring When Air Passes Through the Lungs"

1874 Anstie made an observation that small amounts of alcohol were excreted in breath

1897 Nebelthau jedinci, kteří trpí cukrovkou mají v dechu aceton

1927 Bogen první alko tester
McNalley Breathalyzer

1936 Patent Harger

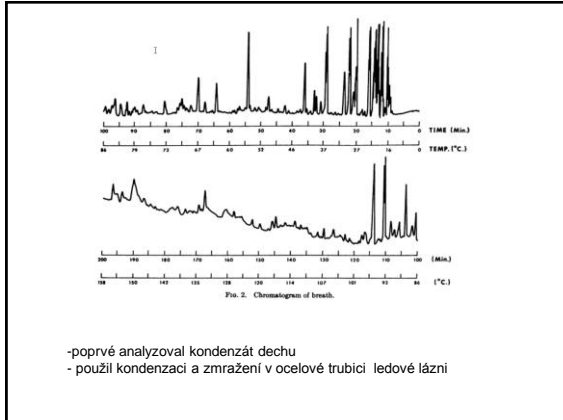


MODERNÍ ÉRA ANALÝZY DECHU

1971 Linus Pauling (nositel Nobelovy ceny 1954) analyzoval v dechu ca 250 různých VOC

V současnosti identifikováno ca 400 látek





Další práce na téma EBC:

1979

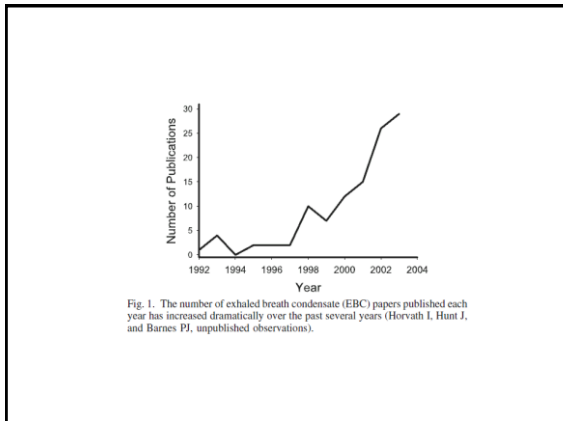
T.V. Larson, D.S. Covert, R. Frank, J. Appl. Physiol. 46 (1979) 603–607.

1980

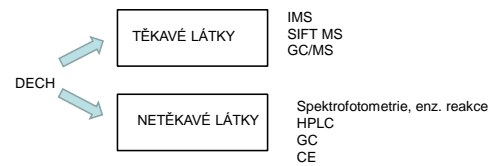
G.I. Sidorenko, E.I. Zborovskii, D.I. Levina, Ter. Arkh. 52 (1980) 65–68.

1987

M.V. Kurik, L.V. Rolik, N.V. Parkhomenko, L.I. Tarakhan, N.V. Savitskaia, Vrach Delo 7 (1987) 37–39.



METODY ANALÝZY



ANALÝZA TĚKAVÝCH LÁTEK

Iontová mobilní spektrometrie

Selected ion flow tube mass spectrometry

Plynová chromatografie s MS

Velké množství látek, malé koncentrace

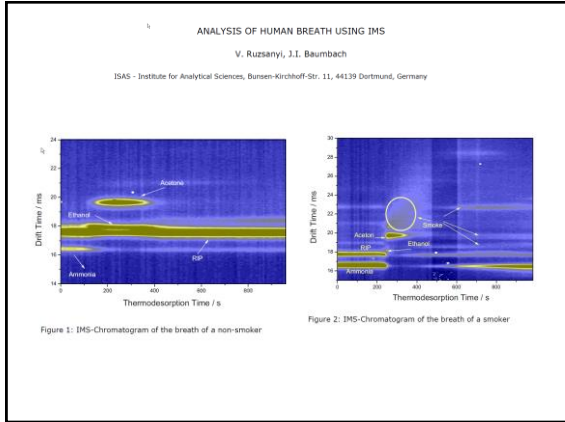
Nutnost zakoncentrování

Kontaminace z okolí

Využití statistických metod pro analýzu dat

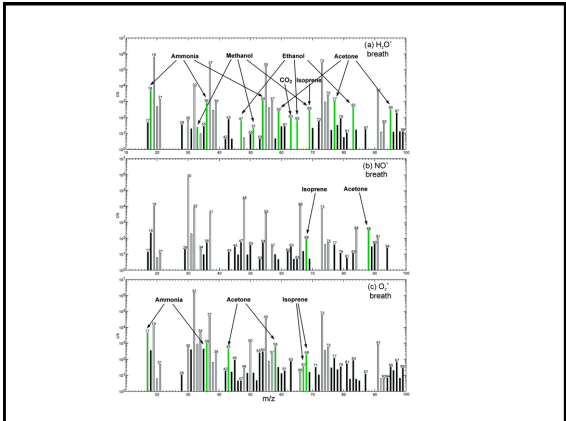
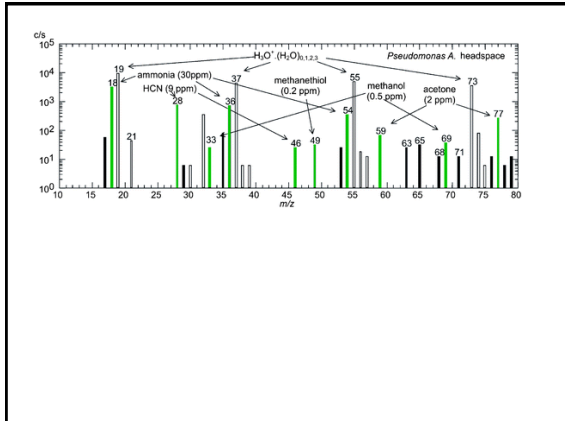
IMS příklad





SIFT MS příklad

Selected ion flow tube mass spectrometry, SIFT-MS, is a technique for real-time measurement of concentrations of trace gases and vapours of volatile compounds in humid air including exhaled breath. It is based on chemical ionization using H_3O^+ , NO^+ , and O_2^+ precursor (reagent) ions via ion/molecule reactions proceeding during an accurately defined time. Absolute concentrations of trace gases can be calculated from the ratios of ion count rates using the known reaction rate constants with a limit of detection being typically 1 parts-per-billion, ppb. SIFT-MS is used in several areas of research including non-invasive breath analysis for clinical diagnosis and for therapeutic monitoring, environmental research and security related research.



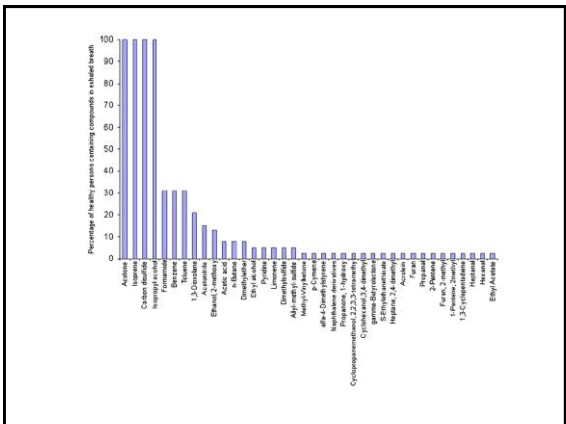
GC/MS příklad

The main compounds contained in exhaled breath samples of healthy volunteers are unsaturated hydrocarbons, ketones, alcohols and hydrocarbons. Usually, breath samples of smoking persons contain a high concentration of acetonitrile and furans, as well as aromatic hydrocarbons (e.g., benzene, toluene).

J. Breath Res. 2 (2008) 044696 (16pp) doi:10.1088/1752-7155/2/4/044696

The analysis of healthy volunteers' exhaled breath by the use of solid-phase microextraction and GC-MS

T. Ligor^{1,2,3}, M. Ligor^{1,2,3,5}, A. Amann^{1,2}, C. Ager^{1,2}, M. Bachler¹, A. Dzien¹ and B. Buszewski^{2,3}



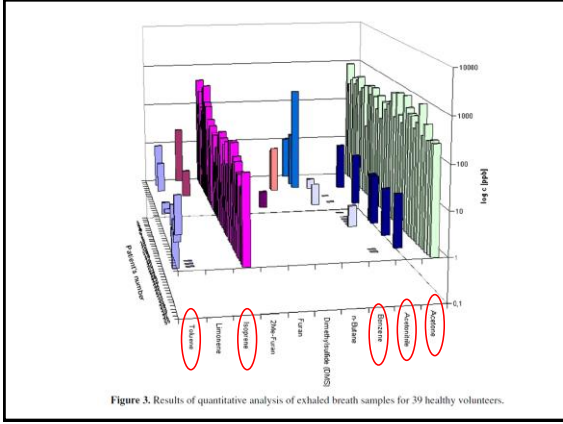


Figure 3. Results of quantitative analysis of exhaled breath samples for 39 healthy volunteers.

ANALÝZA NETĚKAVÝCH LÁTEK

KONDENZÁT VYDECHOVANÉHO VZDUCHU

EBC

Spektrofotometrie
Enzymatické reakce
HPLC, HPLC/MS
GC, GC/MS
CE

Relativně méně látek, také malé koncentrace

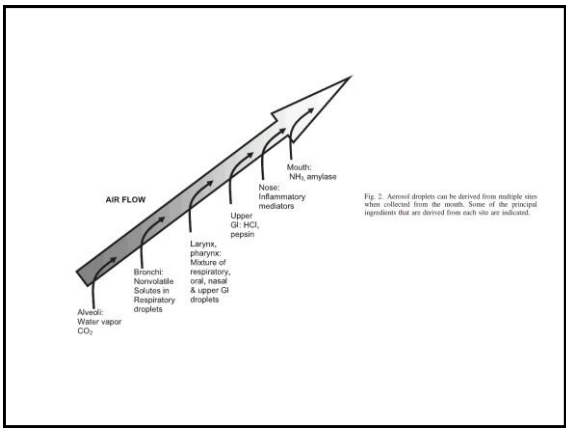
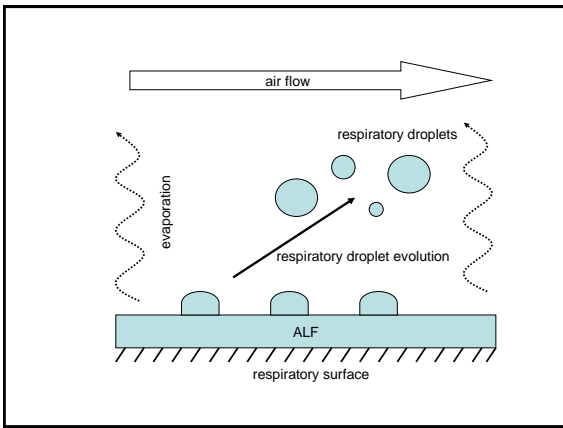
Látky rozpustné ve vodě

PLÍCE A DÝCHÁNÍ

Respiratory droplets

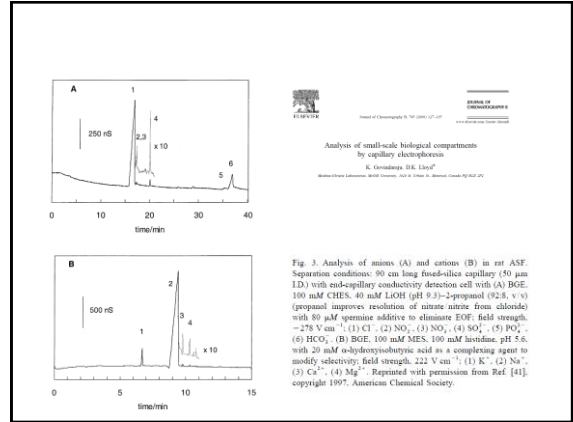
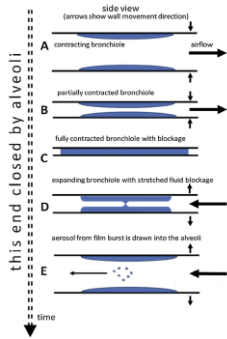
Plicе jsou houbovitý šedorůžový orgán, který vyplňuje převážnou část hrudníku. Svým tvarem připomínají křídla. Povrch plic je krytý blánou zvanou poplcnice. Máme pravou a levou plic. Pravá je větší, skládá se ze tří laloků. Levá má pouze dva laloky.

v plicních sklípcích dochází k vlastní výměně plynů mezi vzduchem a krví v sítích krevních kapilár obtekávajících alveoly. V obou plicích je celkem 300 – 400 milionů alveolů, jejichž celková plocha činí při vdechu 55 – 80 m².



Bronchiole fluid film burst (BFFB) model

G.J. Johnson, L. Morawska, J. Aerosol. Med. Pulm. Drug Deliv. 22 (2009) 229–237



DÁVKOVÁNÍ EBC

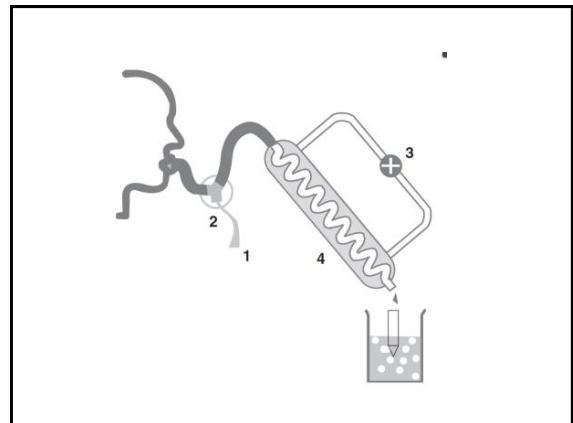
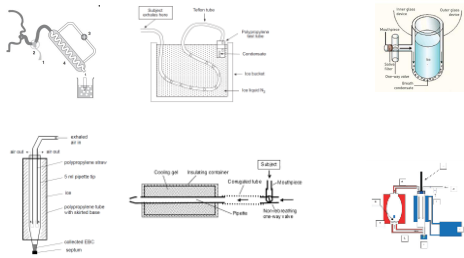
Principem je kondenzace vydechovaného vzduchu po ochlazení

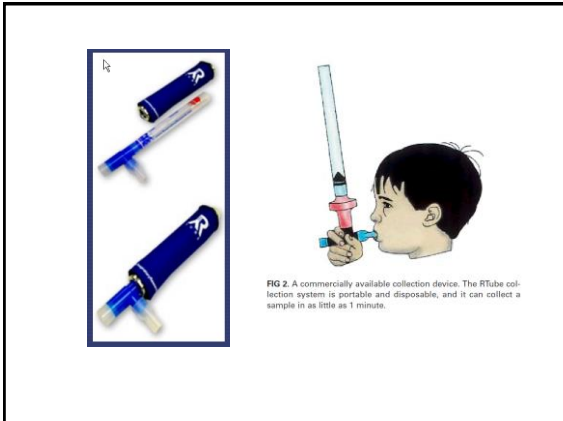
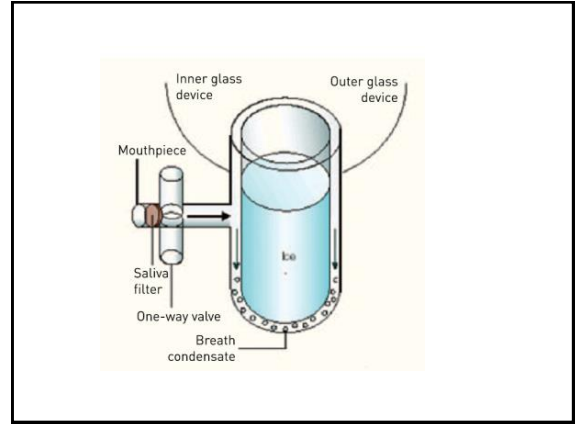
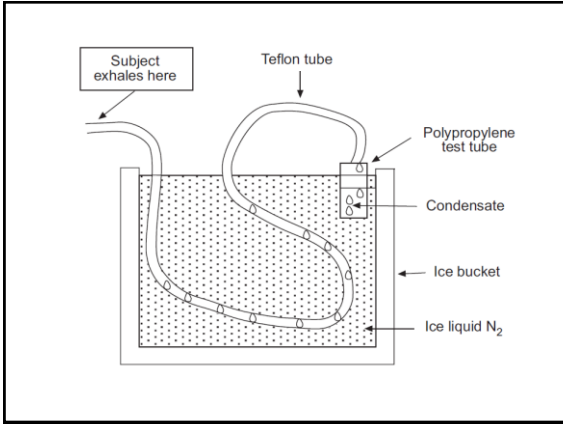
- Přístroje
- komerční
 - vědecké
 - jednoduché přenosné

KOMERČNÍ PŘÍSTROJE



VĚDECKÉ PŘÍSTROJE





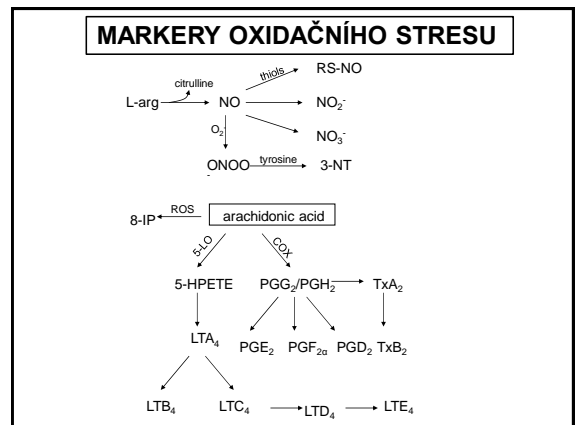
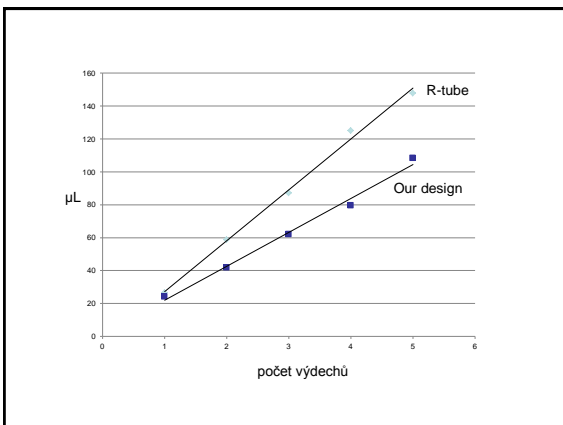
SROVNÁNÍ

A

CENA: 1 Kč
Objem EBC/1 výdech: 20 uL

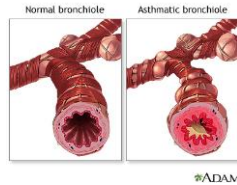
B

CENA: 500 Kč
Objem EBC/1 výdech: 30 uL



Asthma is a CAUSE OF ASTHMA

causes the
airways of the
lungs to swell
and narrow,
leading to
wheezing,
shortness of
breath, chest
tightness, and
coughing.



#ADAM

<http://www.ncbi.nlm.nih.gov/pubmedhealth/aboutnlm/>



#ADAM

#ADAM

Spirometry measures how fast and how much air you breathe out



#ADAM

Peak flow meter



#ADAM

A peak flow meter is commonly used by a person with asthma to measure the amount of air that can be expelled from the lungs. If the airways become narrow or blocked due to asthma, peak flow values will drop because the person cannot blow air out of the lungs as well. A peak flow meter can be a useful aid in monitoring a person's asthma over time and can also be used to help determine how well a patient's medications are working.

NO MONITORING

www.nioxmimo.com, www.aerocrine.com

The New NIOX MIMOX[®]
Asthma Inflammation Monitor

From the creators of the NIOX VENTILATOR[®] and NIOX MINOX[®]



COPD

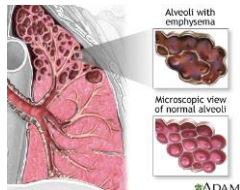
Chronic obstructive pulmonary disease (COPD) is one of the most common lung diseases. It makes it difficult to breathe.

There are two main forms of COPD:

Chronic bronchitis, which involves a long-term cough with mucus.

Emphysema, which involves destruction of the lungs over time.

Most people with COPD have a combination of both conditions.



#ADAM

CF – cystická fibróza

lidská dědičná nemoc, která postihuje převážně dýchací a trávicí soustavu.

Jde o autozomální recesivní vrozené onemocnění způsobené mutací genu produkujícího protein CFTR (anglicky Cystic fibrosis transmembrane conductance regulator).

Léčba se v současnosti soustřeďuje zejména na léčbu dýchacího ústrojí – inhalace, fyzioterapie, antibiotika. Nemocní užívají trávicí enzymy v kapslích, tedy na odstraňování důsledků onemocnění. Jeho příčina je léčitelná, ale zatím nevyléčitelná.^[1]

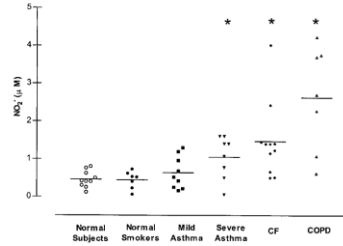
Polovina nemocných se dnes v České republice dožívá alespoň 32 let. Předpokládá se, že každý 25. člověk v populaci je přenašečem postiženého genu, ale jelikož má jednu kopii poškozenou a druhou v pořádku, onemocnění se u něho neprojevuje

PŘÍKLADY MONITOROVÁNÍ MARKERŮ OX. STRESU

Increased Nitrosothiols in Exhaled Breath Condensate in Inflammatory Airway Diseases

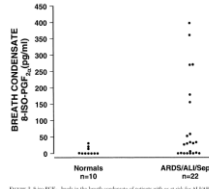
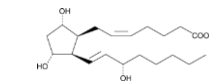
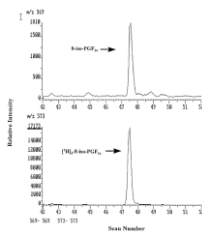
MASSIMO CORRADI, PAOLO MONTUSCHI, LOUISE E. DONNELLY, ALBERTO PESCI, SERGI A. KHARITONOV, and PETER J. BARNES

Am J Respir Crit Care Med Vol 163, pp 854-858, 2001
Internet address: www.atsjournals.org



Exhaled Breath Condensate Isoprostanes Are Elevated in Patients With Acute Lung Injury or ARDS*

Chen F, Caporaso MD, Patake V, Price BS, and Breen W. Chestnut, MD, FRCPC
Chest 114 / 5 / DECEMBER 1998 1683



3-Nitrotyrosine, a marker of nitrosative stress, is increased in breath condensate of allergic asthmatic children

E. Baraldi, G. Giordano, M. F. Pasquale, S. Carraro, A. Mardigan, G. Bonetto, C. Bastardo, F. Zaccello, S. Zanconato

Allergy 2006; 61: 90-96

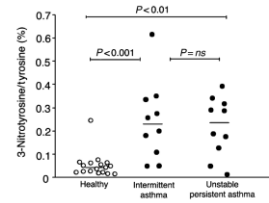


Figure 3. Nitrotyrosine levels in exhaled breath condensate of unstable asthmatic children treated with inhaled corticosteroid, steroid-naïve, stable asthmatic children and healthy controls. Horizontal bars represent median values.

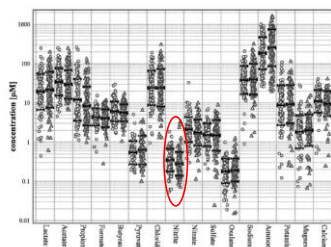
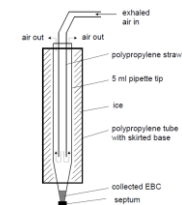


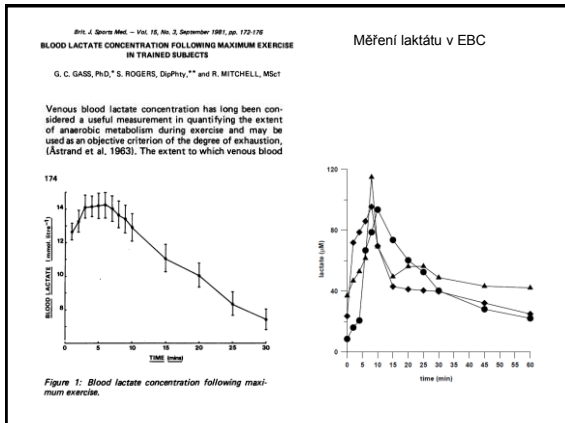
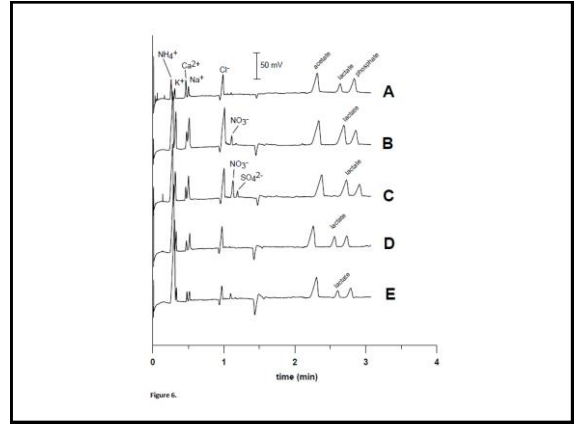
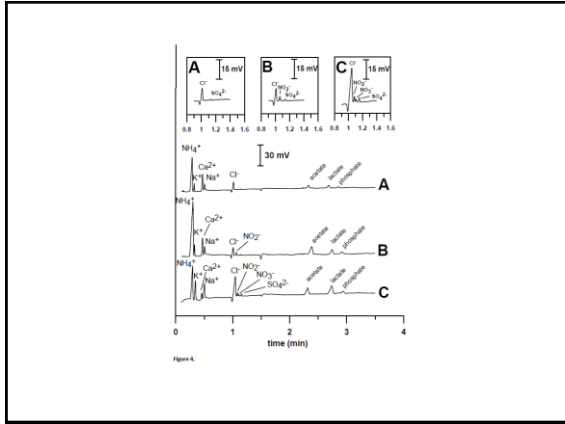
Fig. 2. Concentration of ionic species in non-deaerated EBC samples (N = 246). The central bars are the mean concentrations while the upper and lower bars are standard deviations (calculated according to lognormal distributions). Circles are before exercise values, triangles are after exercise values.

Ionic Determinants of Exhaled Breath Condensate pH Before and After Exercise in Adolescent Athletes

Andy Greenfield, et al., J. B. Ford, et al., and W. Gerrit Teegen, et al.

PŘÍKLAD ANALÝZY EBC POMOCÍ KAPILÁRNÍ ELEKTROFORÉZY





STANOVENÍ MARKERU RAKOVINY PLIC

Diagnosing lung cancer in exhaled breath using gold nanoparticles

Gang Peng^{1,2}, Ulrike Tisch^{1,2}, Orna Adams¹, Meggie Hakim¹, Nisreen Shehada¹, Yoav Y. Broza¹, Salem Billal³, Roxolyana Abdah-Bortnyak³, Abraham Kuten^{1,4} and Hossam Haick^{1,2,*}

Conventional diagnostic methods for lung cancer^{1,2} are unsuitable for widespread screening^{1,3} because they are expensive and occasionally miss tumours. Gas chromatography/mass spectrometry studies have shown that several volatile organic compounds, which normally appear at levels of 5–20 ppb in healthy human breath, are elevated to levels between 10 and 100 ppb in lung cancer patients^{4,5}. Here we show that an array of sensors based on gold nanoparticles can rapidly distinguish the breath of lung cancer patients from the breath of healthy individuals in an atmosphere of high humidity. In combination with solid-phase microextraction⁶, gas chromatography/mass spectrometry was used to identify 42 volatile organic compounds that represent lung cancer biomarkers. Four of these were used to train and optimize the sensors, demonstrating good agreement between patient and simulated breath samples. Our results show that sensors based on gold nanoparticles could form the basis of an inexpensive and non-invasive diagnostic tool for lung cancer.

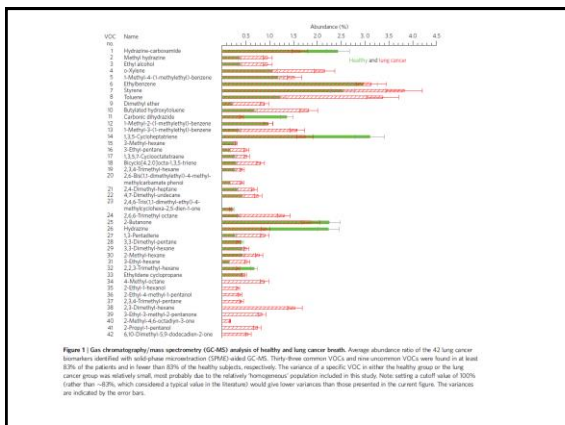


Figure 2: Illustration of the diagnosis of lung cancer using breath testing. (a) A photograph of the array of chemisorbers (I), a scanning electron microscopy image for the chemisorber (II), a scanning electron microscopy image of a gold nanoparticles film located between two adjacent electrodes (III), and a transmission electron micrograph (TEM) of the monolayer-coated gold nanoparticles (IV). Note that in the TEM image, the gold nanoparticles appear as dark dots and the capping organic molecules appear as a bright medium between the adjacent dark dots. In these films, the metallic particles provide the electrical conductivity and the organic film component provides sites for the sorption of analyte molecules. (b) Testing the exhaled breath (collected from patients) and simulated breath (that is, a mixture of representative VOCs at concentrations similar to those determined by GC-MS analysis of exhaled patient's breath) using the array of gold nanoparticle sensors.

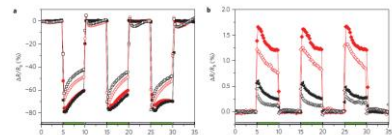


Figure 3 Typical responses of the chemiresistors to real and simulated breath samples. **a**, Typical response, $\Delta R/R_0$ (where R_0 is the baseline resistance of the sensor in the absence of analyte and ΔR is the baseline-corrected steady-state resistance change upon exposure of the sensor to analyte), of 11-norcantharidin-1-undecyl-gold nanoparticles (red circles) and decanethiol-gold nanoparticles (black squares) upon exposure to healthy breath (filled symbols) and lung cancer breath (open symbols), as representative examples for sensors having positive responses. The sensors show a decrease in resistance, most likely due to an increase in the permeability of the organic matrix surrounding the metal cores^{12,18}. **b**, Typical responses of 2-mercaptoethanol-gold nanoparticles (red diamonds) and 1,6-hexanediol-gold nanoparticles (black triangles) upon exposure to healthy breath (filled symbols) and lung cancer breath (open symbols), as representative examples for sensors having negative responses. The sensors show an increase in resistance, most likely due to swelling that may increase the interparticle tunnel distance^{12,18}. The grey bars on the x-axis indicate that the sensors are under vacuum. The green bars on the x-axis indicate that the sensors are exposed to either healthy or lung cancer breath.

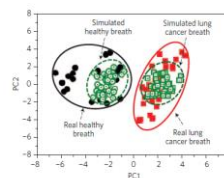


Figure 4 Principal component analysis (PCA) of the dataset of real and simulated breath. Each data point corresponds to the multidimensional $\Delta R/R_0$ (where R_0 is the baseline resistance of the sensor in the absence of analyte and ΔR is the baseline-corrected steady-state resistance change upon exposure of the sensor to analyte) of one breath sample and is the averaged response of 3-5 exposures. The results yield well-defined clusters for cancer states and healthy states, thus allowing fast, reliable and non-invasive lung cancer diagnosis. All data points were obtained using the same nine-sensor array described in the text and Methods section.

ZÁVĚR

Analýza dechu se jeví jako slibný diagnostický nástroj

Než bude možné její použít v klinické praxi, je třeba provést standardizaci jak dávkování tak obsahu biomarkerů u zdravé populace

Dech je komplexní vzorek a analýza jednotlivých markerů není jednoduchá, je třeba vyvinout nové, citlivé metody analýzy

Aplikace v point of care diagnosticce.

Využití statistických metod a chemetrie.

A JEDNA PERLIČKA NA KONEC...

The Dog's Nose Knows



Certified police dogs, on average, performed slightly better than the experimental set. However, they displayed greater variability; the best and the worst dogs in our trial were both from the police set

26 McCulloch M, Jezierski T, Broffman M, *et al*. Diagnostic accuracy of canine scent detection in early- and late-stage lung and breast cancers. *Integr Cancer Ther* 2006; 5: 30-39.

The year 2003 has seen a new direction of canine detection research at our Department. According to some anecdotal reports dogs are able to detect the presence of human cancers on the basis of odorous volatile organic compounds produced by cancer tissue.

The trained dogs were able to **distinguish breath samples taken from patients with lung or breast cancer versus healthy volunteers with a sensitivity and specificity of about 97%**

This is a significantly higher rate than that achieved using gas chromatography and mass spectroscopy.

Děkuji za pozornost !

