

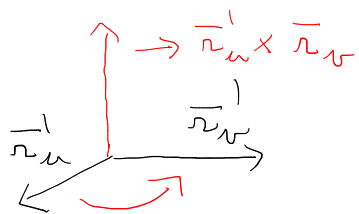
PLOŠNÉ INTEGRÁLY II. DRUHU

$I = \int_{\sigma} \vec{f} \cdot d\vec{s}$; \vec{f} vektorová funkcia definovaná na orientovanej ploche $\sigma \rightarrow$ orientácia pomocou normálneho vektora $\vec{n}(u, v) = \pm (\vec{r}'_u(u, v) \times \vec{r}'_v(u, v))$

\rightarrow prechod na dvojnásobný integrál pomocou parametrisácie $\vec{r}(u, v)$:

$$I = \pm \iint_M \vec{f}(\vec{r}(u, v)) \cdot [\vec{r}'_u(u, v) \times \vec{r}'_v(u, v)] du dv$$

\rightarrow orientácia parametrisácie $\vec{r}(u, v)$:



\rightarrow ak $\vec{n} = +\vec{r}'_u \times \vec{r}'_v \rightarrow$ súhlasná

\rightarrow ak $\vec{n} = -\vec{r}'_u \times \vec{r}'_v \rightarrow$ nesúhlasná

\rightarrow klasický zápis:

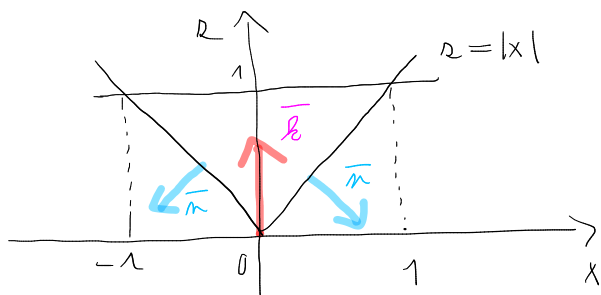
$$\vec{f} = (f_1, f_2, f_3) \quad , \quad d\vec{s} = (dydz, dxdz, dxdy)$$

$$I = \int_{\sigma} f_1 dydz + f_2 dxdz + f_3 dxdy$$

6. $I = \int_{\sigma} x^2 dydz + z^2 dxdy$; $\sigma : x^2 + y^2 = z^2$, $0 \leq z \leq 1$,
orientovaná tak, že \vec{n}, \vec{k} je ľavý

$$\leadsto f(x, y, z) = (x^2, 0, z^2) \quad ; \quad \bar{r}(u, v) = (u, v, \sqrt{u^2 + v^2})$$

$$M: u^2 + v^2 \leq 1$$



$$\leadsto \bar{r}'_u = \left(1, 0, \frac{u}{\sqrt{u^2 + v^2}} \right) \quad , \quad \bar{r}'_v = \left(0, 1, \frac{v}{\sqrt{u^2 + v^2}} \right)$$

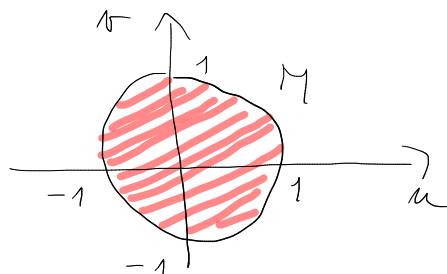
$$\bar{r}'_u \times \bar{r}'_v = \begin{vmatrix} \bar{i} & \bar{j} & \bar{k} \\ 1 & 0 & \frac{u}{\sqrt{u^2 + v^2}} \\ 0 & 1 & \frac{v}{\sqrt{u^2 + v^2}} \end{vmatrix} = -\frac{u}{\sqrt{u^2 + v^2}} \bar{j} - \frac{v}{\sqrt{u^2 + v^2}} \bar{i} + \bar{k}$$

$$\Rightarrow \bar{n}(u, v) = -\frac{u}{\sqrt{u^2 + v^2}} \bar{i} - \frac{v}{\sqrt{u^2 + v^2}} \bar{j} + \bar{k}$$

$\leadsto \bar{n}(u, v) \cdot \bar{k} = \bar{k} \cdot \bar{k} = 1 > 0 \Rightarrow$ parametrizacia
je resitblana s orientaciov

$$I = - \iint_M (u^2, 0, u^2 + v^2) \cdot \left(-\frac{u}{\sqrt{u^2 + v^2}} \bar{i} - \frac{v}{\sqrt{u^2 + v^2}} \bar{j} + \bar{k} \right) du dv$$

$$= \iint_M \left(\frac{u^3}{\sqrt{u^2 + v^2}} - u^2 - v^2 \right) du dv \quad ;$$



⇒ polare súradnice :

$$u = \rho \cos \varphi, \quad v = \rho \sin \varphi; \quad 0 \leq \varphi \leq 2\pi$$

$$0 \leq \rho \leq 1$$

$$I = \int_0^{2\pi} \int_0^1 \left[\frac{\rho^3 \cos^3 \varphi}{\rho} - \rho^2 \right] \rho d\rho d\varphi =$$

$$= \left(\int_0^{2\pi} (\cos^3 \varphi - 1) d\varphi \right) \cdot \left(\int_0^1 \rho^3 d\rho \right) = \left[\frac{\rho^4}{4} \right]_0^1 \cdot \int_0^{2\pi} (\cos^3 \varphi - 1) d\varphi$$

$$= \frac{1}{4} \cdot \int_0^{2\pi} (\cos^3 \varphi - 1) d\varphi = \frac{1}{4} \left[\int_0^{2\pi} \cos^3 \varphi d\varphi - 2\pi \right] =$$

$$= -\frac{\pi}{2} + \frac{1}{4} \int_0^{2\pi} \cos^3 \varphi d\varphi = -\frac{\pi}{2} + \frac{1}{4} \int_{-\pi}^{\pi} \cos^3 \varphi d\varphi \quad \text{parna f-cia}$$

$$= -\frac{\pi}{2} + \frac{1}{4} \cdot 2 \int_0^{\pi} \cos^3 \varphi d\varphi$$

⇒ platí: $\cos^3 \varphi = \frac{3}{4} \cos \varphi + \frac{1}{4} \cos 3\varphi$ //

$$\Rightarrow \text{leďa } \int_0^{\pi} \cos^3 \varphi d\varphi = \int_0^{\pi} \left[\frac{3}{4} \cos \varphi + \frac{1}{4} \cos 3\varphi \right] d\varphi = \left[\frac{3}{4} \sin \varphi + \frac{1}{12} \sin 3\varphi \right]_0^{\pi} \\ = 0 //$$

$$\Rightarrow \boxed{I = -\frac{\pi}{2}}$$

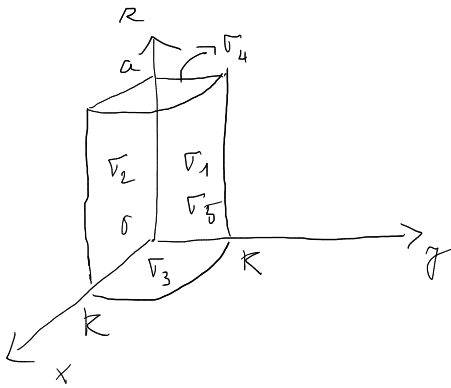
7.

$$I = \int_{\sigma} xz dy dz + xy dx dz + yz dx dy$$

σ : uzavretá plocha ako hranica oblasti v \mathbb{R}^3 :

$$x^2 + y^2 \leq R^2, \quad x, y \geq 0, \quad 0 \leq z \leq a, \quad R, a > 0;$$

orientovaná normálovou stranou



$$\sigma = \sigma_1 \cup \sigma_2 \cup \sigma_3 \cup \sigma_4 \cup \sigma_5$$

$$I = I_1 + I_2 + I_3 + I_4 + I_5$$

$$f(x, y, z) = (xz, xy, yz)$$

a) $\sigma_1: x=0, \quad 0 \leq y \leq R, \quad 0 \leq z \leq a$

$$y = u, \quad z = v \quad ; \quad \vec{r}(u, v) = (0, u, v)$$

$$M: \quad 0 \leq u \leq R, \quad 0 \leq v \leq a$$

$$\vec{r}'_u = (0, 1, 0), \quad \vec{r}'_v = (0, 0, 1), \quad \text{predpísaná orientácia v smere } +\vec{i}$$

$$\vec{r}'_u \times \vec{r}'_v = \vec{i} \quad \Rightarrow \quad \text{parametrizácia súhlasná s orientáciou}$$

$$I_1 = + \iint_M (0, 0, uv) \cdot (1, 0, 0) du dv = 0$$

$$b) \sigma_2: y=0, \quad 0 \leq x \leq R, \quad 0 \leq z \leq a$$

$$x = u, \quad z = v \quad ; \quad \vec{r}(u, v) = (u, 0, v)$$

$$M: \quad 0 \leq u \leq R, \quad 0 \leq v \leq a$$

$$\vec{r}'_u = (1, 0, 0), \quad \vec{r}'_v = (0, 0, 1), \quad \text{pedpisana' orientacia v smere} \\ + \vec{j}$$

$$\vec{r}'_u \times \vec{r}'_v = -\vec{j} \Rightarrow \text{parametrizacia nesublasna' s orient.}$$

$$I_2 = - \iint_M (uv, 0, 0) \cdot (0, -1, 0) \, du \, dv = 0 //$$

$$c) D = 0, \quad x^2 + y^2 \leq R^2 \quad \rightsquigarrow \quad x = u \cos v, \quad y = u \sin v$$

$$\vec{r}(u, v) = (u \cos v, u \sin v, 0); \quad M: \quad 0 \leq u \leq R \\ 0 \leq v \leq \frac{\pi}{2}$$

\rightsquigarrow pedpisana' orientacia v smere $+\vec{k}$

$$\vec{r}'_u = (\cos v, \sin v, 0), \quad \vec{r}'_v = (-u \sin v, u \cos v, 0)$$

$$\vec{n}(u, v) = \vec{r}'_u \times \vec{r}'_v = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ \cos v & \sin v & 0 \\ -u \sin v & u \cos v & 0 \end{vmatrix} =$$

$$= u \vec{k} \quad ; \quad u \geq 0 \quad \Rightarrow \text{parametrizacia sublasna' s orientaciao} //$$

$$I_3 = + \iint_M (0, u^2 \sin v \cos v, 0) \cdot (0, 0, u) du dv = 0 //$$

d) $\Gamma_4 : z = a, x^2 + y^2 \leq R^2$

situació analitzada abans (c) \leadsto

$$\vec{r}(u, v) = (u \cos v, u \sin v, a), \quad M: \begin{array}{l} 0 \leq u \leq R \\ 0 \leq v \leq \frac{\pi}{2} \end{array}$$

\leadsto predeterminada orientació \vec{n} sempre $-\vec{k}$

$$\vec{r}'_u = (\cos v, \sin v), \quad \vec{r}'_v = (-u \sin v, u \cos v, 0)$$

$$\vec{n}(u, v) = \vec{r}'_u \times \vec{r}'_v = u \vec{k} \quad \leadsto \text{parametrització resultant no s'orienta}$$

$$I_4 = - \iint_M (a u \cos v, u^2 \sin v \cos v, a u \sin v) \cdot (0, 0, u) du dv$$

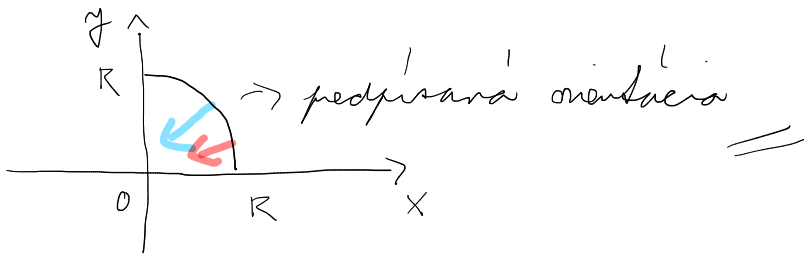
$$= - \iint_M a u^2 \sin v du dv = -a \left(\int_0^{\pi/2} \sin v dv \right) \cdot \left(\int_0^R u^2 du \right) =$$

$$= -a [-\cos v]_0^{\pi/2} \cdot \left[\frac{u^3}{3} \right]_0^R = -\frac{a R^3}{3} //$$

e) $\Gamma_5 : x^2 + y^2 = R^2, x, y \geq 0, 0 \leq z \leq a$

$$x = R \cos v, \quad y = R \sin v, \quad z = u, \quad M: \quad 0 \leq v \leq \frac{\pi}{2}$$

$$0 \leq u \leq a$$



$$\vec{r}(u, v) = (R \cos v, R \sin v, u)$$

$$\vec{r}'_u = (0, 0, 1), \quad \vec{r}'_v = (-R \sin v, R \cos v, 0)$$

$$\vec{n}(u, v) = \vec{r}'_u \times \vec{r}'_v = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ 0 & 0 & 1 \\ -R \sin v & R \cos v & 0 \end{vmatrix}$$

$$= (-R \cos v) \vec{i} - (R \sin v) \vec{j} =$$

$$= (-R \cos v) \vec{i} + (-R \sin v) \vec{j} \quad \rightarrow \text{parametrizaci\u00f3n subclasa s orientaci\u00f3n}$$

$$I_5 = + \iint_M (u R \cos v, R^2 \sin v \cos v, u R \sin v) \cdot (-R \cos v, -R \sin v, 0) \, du \, dv$$

$$= \iint_M (-u R^2 \cos^2 v - R^3 \sin^2 v \cos v) \, du \, dv$$

$$= \int_0^{\pi/2} \left[\int_0^a (-u R^2 \cos^2 v - R^3 \sin^2 v \cos v) \, du \right] \, dv$$

$$= \int_0^{\pi/2} \left[-\frac{a^2}{2} R^2 \cos^2 v - a R^3 \sin^2 v \cos v \right]_0^a dv$$

$$= \int_0^{\pi/2} \left(-\frac{a^2 R^2}{2} \cos^2 v - a R^3 \sin^2 v \cos v \right) dv$$

$$= \int_0^{\pi/2} \left(-\frac{a^2 R^2}{4} - \frac{a^2 R^2}{4} \cos 2v - a R^3 \sin^2 v \cos v \right) dv$$

$$= \left[-\frac{a^2 R^2}{4} v - \frac{a^2 R^2}{8} \sin 2v \right]_0^{\pi/2} - a R^3 \int_0^{\pi/2} \sin^2 v \cos v dv$$

$$= -\frac{a^2 R^2 \pi}{8} - a R^3 \int_0^{\pi/2} \sin^2 v \cos v dv = \left. \begin{array}{l} t = \sin v \\ dt = \cos v dv \\ 0 \rightarrow 0, \pi/2 \rightarrow 1 \end{array} \right|$$

$$= -\frac{a^2 R^2 \pi}{8} - a R^3 \int_0^1 t^2 dt = -\frac{a^2 R^2 \pi}{8} - a R^3 \left[\frac{t^3}{3} \right]_0^1 =$$

$$= -\frac{a^2 R^2 \pi}{8} - \frac{a R^3}{3}$$

$$\Rightarrow I = I_1 + I_2 + I_3 + I_4 + I_5 = -\frac{a R^3}{3} - \frac{a^2 R^2 \pi}{8} - \frac{a R^3}{3}$$

$$= \boxed{-a R^2 \left(\frac{2}{3} R + \frac{\pi a}{8} \right)}$$

$$\textcircled{8.} \quad I = \int_{\sigma} \vec{f} \cdot d\vec{s} \quad ; \quad f(x, y, z) = (x^2, y^2, z^2)$$

σ : část jednotkové sféry $S([0,0,0], 1)$ s $x, y, z \geq 0$

(v I. oktante), která je orientovaná normálovou směrem

$$\leadsto \vec{r}(u, v) = (\cos u \sin v, \sin u \sin v, \cos v)$$

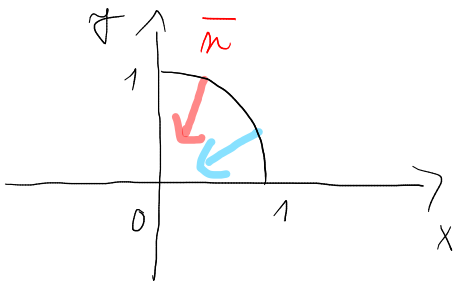
$$M: 0 \leq u \leq \pi/2 \quad , \quad 0 \leq v \leq \pi/2$$

$$\vec{r}'_u = (-\sin u \sin v, \cos u \sin v, 0)$$

$$\vec{r}'_v = (\cos u \cos v, \sin u \cos v, -\sin v)$$

$$\vec{n}(u, v) = \vec{r}'_u \times \vec{r}'_v = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ -\sin u \sin v & \cos u \sin v & 0 \\ \cos u \cos v & \sin u \cos v & -\sin v \end{vmatrix}$$

$$= (-\cos u \sin^2 v) \vec{i} + (-\sin u \sin^2 v) \vec{j} + (-\sin v \cos v) \vec{k}$$



\Rightarrow parametrizace je súblesná s
orientáciou směrem

$$I = + \iint_M (\cos^2 u \sin^2 v, \sin^2 u \sin^2 v, \cos^2 v) \cdot$$

$$\cdot (-\cos u \sin^2 v, -\sin u \sin^2 v, -\sin v \cos v) \, du \, dv$$

$$= \iint_M \left(-\cos^3 u \sin^4 v - \sin^3 u \sin^4 v - \sin v \cos^3 v \right) du dv$$

$$= \int_0^{\pi/2} \left[\int_0^{\pi/2} \left[-\cos^3 u \sin^4 v - \sin^3 u \sin^4 v - \sin v \cos^3 v \right] du \right] dv$$

$$= \int_0^{\pi/2} \left[-\sin^4 v \int_0^{\pi/2} \cos^3 u du - \sin^4 v \int_0^{\pi/2} \sin^3 u du - \sin v \cos^3 v \left[u \right]_0^{\pi/2} \right] dv$$

$$= - \left(\int_0^{\pi/2} \cos^3 u du \right) \cdot \left(\int_0^{\pi/2} \sin^4 v dv \right) - \left(\int_0^{\pi/2} \sin^3 u du \right) \cdot \left(\int_0^{\pi/2} \sin^4 v dv \right) - \frac{\pi}{2} \left(\int_0^{\pi/2} \cos^3 v \sin v dv \right)$$

$$\bullet \int_0^{\pi/2} \cos^3 u du = \left| \begin{array}{l} t = \sin u, \quad dt = \cos u du \\ 0 \rightsquigarrow 0, \quad \pi/2 \rightsquigarrow 1 \end{array} \right| = \int_0^1 (1-t^2) dt$$

$$= \left[t - \frac{t^3}{3} \right]_0^1 = \frac{2}{3}$$

$$\bullet \int_0^{\pi/2} \sin^3 u du = \left| \begin{array}{l} t = \cos u, \quad dt = -\sin u du \\ 0 \rightsquigarrow 1, \quad \pi/2 \rightsquigarrow 0 \end{array} \right| = \int_0^1 (1-t^2) dt$$

$$= \left[t - \frac{t^3}{3} \right]_0^1 = \frac{2}{3}$$

$$\bullet \int_0^{\pi/2} \sin^4 v dv = \int_0^{\pi/2} \left(\frac{1 - \cos 2v}{2} \right)^2 dv = \int_0^{\pi/2} \left(\frac{1}{4} - \frac{1}{2} \cos 2v + \frac{1}{4} \cos^2 2v \right) dv$$

$$= \int_0^{\pi/2} \left(\frac{1}{4} - \frac{1}{2} \cos 2v + \frac{1}{4} \left(\frac{1 + \cos 4v}{2} \right) \right) dv =$$

$$= \int_0^{\pi/2} \left(\frac{1}{4} - \frac{1}{2} \cos 2v + \frac{1}{8} + \frac{1}{8} \cos 4v \right) dv = \int_0^{\pi/2} \left(\frac{3}{8} - \frac{1}{2} \cos 2v + \frac{1}{8} \cos 4v \right) dv$$

$$= \left[\frac{3}{8} v - \frac{1}{4} \sin 2v + \frac{1}{32} \sin 4v \right]_0^{\pi/2} = \frac{3\pi}{16} //$$

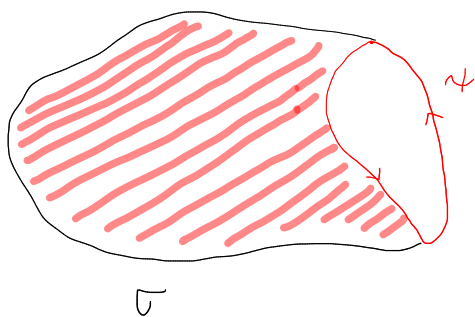
$$\int_0^{\pi/2} \cos^3 v \sin v \, dv = \left. \begin{array}{l} t = \cos v, \quad dt = -\sin v \, dv \\ 0 \rightarrow 1, \quad \pi/2 \rightarrow 0 \end{array} \right\}$$

$$= \int_0^1 t^3 \, dt = \left[\frac{t^4}{4} \right]_0^1 = \frac{1}{4} //$$

nasledne:

$$I = -\frac{2}{3} \cdot \frac{3\pi}{16} - \frac{2}{3} \cdot \frac{3\pi}{16} - \frac{\pi}{2} \cdot \frac{1}{4} = \boxed{-\frac{3\pi}{8}}$$

9. STOKESOVA VETA:



→ orientovana plocha σ , sivej obraj predstavijo orientovana krivka γ
 → γ je orientovana suhlasne s plochou σ

$$\oint_{\psi} \vec{f} \cdot d\vec{s} = \int_{\psi} \operatorname{rot} \vec{f} \cdot d\vec{s} \quad \dots \operatorname{rot} \vec{f} \text{ je rotácia vektorového poľa } \vec{f}$$

ak $f = (P, Q, R)$, potom:

$$\operatorname{rot} f := \left(R'_y - Q'_z, P'_z - R'_x, Q'_x - P'_y \right)$$

→ pomocou Stokesovej vety vypočítajme krivkový integrál

$$I = \oint_{\psi} y dx + x dy + x dz \quad ; \quad \psi \text{ je krivka daná ako priesečník plochy } x^2 + y^2 + z^2 = a^2, x + y + z = 0$$

$a > 0$

ψ je orientovaná takto:

$$\left[-\frac{a}{\sqrt{6}}, 0, \frac{a}{\sqrt{6}} \right] \rightarrow \left[0, -\frac{a}{\sqrt{6}}, \frac{a}{\sqrt{6}} \right] \rightarrow \left[\frac{a}{\sqrt{6}}, -\frac{a}{\sqrt{6}}, 0 \right]$$

→ ψ je kružnica so stredom v $[0, 0, 0]$ ležiaca v rovine $x + y + z = 0$

→ nech τ je časť tejto roviny, ktorá je ohraničená krivkou ψ , orientovaná tak, aby ψ bola orientovaná súhlasne so τ , t.j.:

τ je orientovaná v smere vektora $\vec{i} + \vec{j} + \vec{k}$

→ parametrizácia τ : $\vec{r}(u, v) = (u, v, -u - v)$, kde

$[u, v] \in M$, M je prímok (kružka) τ do roviny xy

→ platí:

$$\vec{r}'_u = (1, 0, -1) \quad , \quad \vec{r}'_v = (0, 1, -1)$$

$$\vec{n}(u, v) = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ 1 & 0 & -1 \\ 0 & 1 & -1 \end{vmatrix} = \vec{i} + \vec{j} + \vec{k} \quad \Rightarrow \text{parametrizacia} \\ \text{je súhlasná so evolu-} \\ \text{nou orientáciou } \sigma$$

→ platí: $f(x, y, z) = (y, z, x)$ a chceme vypočítať:

$$I = \int_{\sigma} f \cdot d\vec{s}$$

→ podľa Stokesovej vety platí:

$$I = \int_{\mathcal{V}} \text{rot } f \cdot d\vec{s}$$

→ keďže $P = y$, $Q = z$, $R = x$, máme:

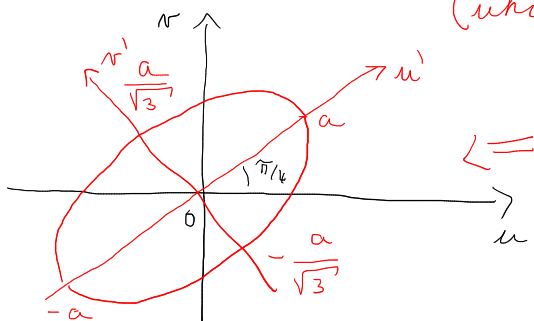
$$P'_y = 1, \quad P'_z = 0; \quad Q'_x = 0, \quad Q'_z = 1; \quad R'_x = 1, \quad R'_y = 0$$

$$\text{rot } f(x, y, z) = (-1, -1, -1)$$

$$I = \iint_M (-1, -1, -1) \cdot \vec{n}(u, v) \, du \, dv = \iint_M (-1, -1, -1) \cdot (1, 1, 1) \, du \, dv \\ = -3 \iint_M du \, dv$$

→ M je elipsa v rovine xy so stredom v $[0,0]$ dĺžka

$\frac{\pi}{4}$ vkladnom smere;



(uhol α medzi rovinami v a xy

spĺňa: $\cos \alpha = \frac{1}{\sqrt{3}}$ lebo:

$$\cos \alpha = \frac{\vec{k} \cdot (\vec{i} + \vec{j} + \vec{k})}{\|\vec{k}\| \cdot \|\vec{i} + \vec{j} + \vec{k}\|} = \frac{1}{\sqrt{3}}$$

→ integrál $\iint_M dudu$ je rovný obsahu danej červenej elipsy, $d \cdot \frac{1}{\sqrt{3}}$

$$\iint_M dudu = \pi \cdot a \cdot \frac{a}{\sqrt{3}} = \frac{\pi a^2}{\sqrt{3}}$$

$$\Rightarrow I = -3 \cdot \frac{\pi a^2}{\sqrt{3}} = \boxed{-\pi a^2 \sqrt{3}}$$

→ INE KĽEŠENIE:

transformácia množiny M do polárnych súradníc v súradnicovej sústave u, v :

$$u = \left(a \rho' \cos \varphi' - \frac{a}{\sqrt{3}} \rho' \sin \varphi' \right) / \sqrt{2}$$

$$; \quad 0 \leq \rho' \leq 1, \quad 0 \leq \varphi' \leq 2\pi$$

$$v = \left(a \rho' \cos \varphi' + \frac{a}{\sqrt{3}} \rho' \sin \varphi' \right) / \sqrt{2}$$

$$J = \frac{a^2 \rho'}{\sqrt{3}}$$

$$\Rightarrow I = -3 \int_0^{2\pi} \left[\int_0^1 \frac{a^2 \rho'}{\sqrt{3}} d\rho' \right] d\varphi' = -a^2 \sqrt{3} \left(\int_0^{2\pi} d\varphi' \right) \cdot \left(\int_0^1 \rho' d\rho' \right) = \underline{\underline{-a^2 \pi \sqrt{3}}}$$

10. GAUSSOVA - OSTROGRADSKÉHO VĚTA

→ Γ je částíčk hladká Jordanova plocha orientovaná normálovou stranou

→ $f(x, y, z) = (P(x, y, z), Q(x, y, z), R(x, y, z))$ je spojitě vektorové pole; P'_x, Q'_y, R'_z sú spojitě f-čís

$$\Rightarrow I = \int_{\Gamma} f \cdot d\vec{S} = \iiint_M \operatorname{div} f \, dx \, dy \, dz$$

kde M je vnútro plochy Γ a $\operatorname{div} f := P'_x + Q'_y + R'_z$ je divergencia pola f

→ pomocou Gaussovej - Ostrogradského vety vypočítajme prvý integrál:

$$I = \int_{\Gamma} (x^2 \vec{i} + y^2 \vec{j} + z^2 \vec{k}) \cdot d\vec{S}, \quad \Gamma \text{ je hranica}$$

kocky $[0, a]^3$; $a > 0$,
ktorá je orientovaná normálovou stranou

$$\begin{aligned} \Rightarrow f(x, y, z) &= (x^2, y^2, z^2) \Rightarrow P = x^2, \quad Q = y^2, \quad R = z^2 \\ P'_x &= 2x, \quad Q'_y = 2y, \quad R'_z = 2z \Rightarrow \operatorname{div} f = 2(x + y + z) \end{aligned}$$

$$\Rightarrow \text{preto: } I = \iiint_{[0, a]^3} 2(x + y + z) \, dx \, dy \, dz$$

$$= 2 \int_0^a \left[\int_0^a \left[\int_0^a (x+y+z) dz \right] dy \right] dx =$$

$$= 2 \int_0^a \left[\int_0^a \left[xz + yz + \frac{z^2}{2} \right]_0^a dy \right] dx = 2 \int_0^a \left[\int_0^a \left(ax + ay + \frac{a^2}{2} \right) dy \right] dx$$

$$= 2 \int_0^a \left[axy + \frac{ay^2}{2} + \frac{a^2}{2}y \right]_0^a dx = 2 \int_0^a \left(a^2x + a^3 \right) dx$$

$$= 2 \left[a^2 \frac{x^2}{2} + a^3 x \right]_0^a = \boxed{3a^4}$$
