

Review

Molecular Epidemiology of *Giardia* Infections in the Genomic EraPaul Capewell,¹ Sarah Krumrie,² Frank Katzer,³ Claire L. Alexander,⁴ and William Weir^{1,2,*}

Giardia duodenalis is a major gastrointestinal parasite of humans and animals across the globe. It is also of interest from an evolutionary perspective as it possesses many features that are unique among the eukaryotes, including its distinctive binucleate cell structure. While genomic analysis of a small number of isolates has provided valuable insights, efforts to understand the epidemiology of the disease and the population biology of the parasite have been limited by the molecular tools currently available. We review these tools and assess the impact of affordable and rapid genome sequencing systems increasingly being deployed in diagnostic settings. While these technologies have direct implications for public and veterinary health, they will also improve our understanding of the unique biology of this fascinating parasite.

A Major Worldwide Pathogen

Giardia duodenalis (also known as *Giardia intestinalis* or *Giardia lamblia*) is one of the most common gastrointestinal parasites in the world, causing an estimated 180 million infections annually [1]. Although giardiasis is treatable, the correct administration of therapeutics depends on accurately identifying the parasite, either in an individual or within a community during an outbreak. Asymptomatic infection can occur and may represent the majority of cases [2–5], although it should be noted that apparently asymptomatic individuals can still display signs of mild malnutrition [6]. Patients with overt clinical disease experience severe gastrointestinal disturbances for several weeks due to **trophozoites** (see [Glossary](#)) attaching to the intestinal lining of the host, disrupting nutrient and water uptake, and eliciting an immune response [7]. In rare cases, some patients can develop post-infection complications that lead to long-term gastrointestinal disorders similar to irritable bowel syndrome (IBS) [8]. These symptoms are linked to a loss of barrier function and **dysbiosis** of the gut flora [9–11]. Infective **cysts** are shed into the environment by infected hosts where they can be ingested by new individuals, maintaining transmission. Outbreaks are frequently associated with contaminated water [12] or food sources [13].

Giardia Genetics

Giardia species are described as early divergent eukaryotes and lack common subcellular structures such as mitochondria, a true Golgi complex, and **peroxisomes** [14]. However, the identification of mitochondrial genes in the genome suggests that *G. duodenalis* and other **diplomonads** once possessed these organelles but subsequently lost them [15]. In addition to being amitochondriate, *G. duodenalis* is unusual in that it has two nuclei despite being unicellular. This gives rise to an unusual **ploidy** throughout its life cycle in which the trophozoites cycle between 4N (2×2N) and 8N (4×2N) in vegetative growth, doubling to 16N (4×4N) during the transition to cysts (Figure 1A) [16]. After excystation, the cell divides, without DNA replication, to create four trophozoites, each with a ploidy of 4N. The relatively small genome (11.7 Mb) is distributed across five chromosomes that feature few intergenic spaces, introns, or noncoding regions. Promoters and untranslated regions are also minimized, leading to a highly condensed and efficient genome [14]. This appears to be a distinctive trait of the diplomonads, and the genome is

Highlights

Research into *Giardia duodenalis* is hampered by low-resolution genetic markers, difficulties in sequencing parasite material, and a unique biology.

Recent advances in sequencing technology are leading to more detailed genome sequences across more parasite strains, including clinical isolates.

This new resource allows the design of better tools to understand the biology and molecular epidemiology of *Giardia*.

The expansion of genomics into diagnostic settings benefits from and contributes to these sequencing efforts, supporting work to control the parasite.

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even more compact in the closely related rodent parasite *Giardia muris* [17]. Although similar, the genomes of each nucleus in an individual parasite are not identical and the differences between the four different genomes are termed **allelic sequence heterozygosity (ASH)**. The proportion of heterozygous bases within a genome typically ranges between 0.25% and 0.74% for most *Giardia* isolates [18–20] but can be extremely low (<0.01%) [9,11]. The majority of these heterozygous sites contain two different bases but some feature three or four, capturing the diversity present across all of the copies of the genome [20]. Regions of heterozygosity are not distributed evenly throughout the genome and more typically occur in noncoding regions, as might be expected with purifying selection acting on coding regions [20].

Genotyping *G. duodenalis*

Initial **isozyme** and **18S ssu-rRNA gene** sequencing demonstrated that two broad groups of *G. duodenalis* (eventually termed A and B) infected human patients. These were characterized as assemblages to reflect the fact that the relationships between the groups were undefined [21–23]. Additional genetic data from animal-derived isolates, coupled with various biological differences, allowed a further six distinct assemblages to be differentiated (C–H) (Table 1). Assemblages A and B contain zoonotic isolates that can infect humans and animals, whereas assemblages C–H show specificity to particular animal hosts (Table 1). However, isolates with molecular sequences similar to assemblages C–H have been amplified from humans, suggesting that there are either limits to current molecular typing tools or *G. duodenalis* may have a wider zoonotic potential than first assumed [24–26]. As these molecular detections in humans are often from asymptomatic individuals, it is unclear whether the DNA detected in the molecular screens represents infection, carriage, or contamination. Antigen-capture assay, immunofluorescent antibody testing (IFAT), direct microscopy, and ssu-rRNA qPCR are the standard methods for detecting *G. duodenalis*, although many diagnostic laboratories rely on microscopy for detection due to cost and established pipelines [27]. Microscopy can lack sensitivity when parasitemia is low (which is common) or where expertise is lacking, indicating a switch to immunological assays or qPCR in diagnostic settings may be preferable to assess accurately the presence of the parasite [28]. However, it should be appreciated that although qPCR sensitively detects *Giardia* nucleic acid, a positive test result does not necessarily confirm the presence of viable parasite cells. Routine qPCR-based detection methods are also unsuitable for determining the relationships between isolates as they do not provide detailed genetic information [29]. Over the years, several molecular markers have been developed to create a **multilocus sequence typing (MLST)** panel to investigate the molecular phylogeny of *G. duodenalis*. These involve targeted PCR and subsequent sequencing of genes that are relatively stable but possess some degree of variability for differentiating isolates. The most commonly used regions of the genome are the loci encoding β -giardin (*bg*) [30], triosephosphate isomerase (*tpi*) [31], and glutamate dehydrogenase (*gdh*) [32,33]. Of these three primary markers, *tpi* displays the most polymorphisms in the currently sequenced population in terms of substitutions per nucleotide site ($r = 0.12$) and *bg* the least ($\pi = 0.03$), with *gdh* intermediate between the two ($\pi = 0.06$) [34]. There are also some rarely used loci that are more difficult to amplify than the typical markers, including the internal transcribed spacer (*its1*) and elongation factor 1 (*ef1*) [35,36]. In common with other parasite species, PCR and sequencing of the ssu-rRNA region is also employed for molecular genotyping [34]. Amplification success for this region can be higher than other PCR targets due to being multicopy, making it highly sensitive and ideal for identification [37]. However, single-copy markers are still commonly employed due to the relatively low discriminatory power of the ssu-rRNA region [34] and unusually high GC content that can lead to issues with specificity [38,39]. Further analysis has shown that assemblage B isolates display greater polymorphism than other strains at the commonly used marker sites, possessing higher ASH within individual parasites and greater allelic diversity in the population [40,41]. Infections with

Glossary

18S ssu-rRNA gene: a highly conserved gene encoding ribosomal RNA and commonly used for phylogenetic studies.

Allelic sequence heterozygosity (ASH): genetic differences at a genetic locus as assessed across the four different genomes in an individual *Giardia* isolate.

Cyst: an infective, environmental stage of the parasite.

Diplomixis: a unique parasexual recombination cycle that occurs between two nuclei of a *Giardia* cell during encystation.

Diplomonads: a group of flagellated protozoa with double cells and two nuclei.

Dysbiosis: disruption of the gut microflora.

Excystite: a newly excysted *Giardia* cell with 4x4N ploidy.

Gene conversion: transfer of genetic material from an intact chromosomal DNA sequence to a homologous sequence which contains double-strand breaks.

Inter-nuclei heterozygosity: the degree of polymorphism between the two nuclei of a *Giardia* cell, which is typically lower than would be expected.

Isozyme (or isoenzyme): different forms of the same enzyme that differ in amino acid sequence and which can be used as the basis for a typing method.

Lateral gene transfer: the horizontal movement of genetic material between organisms, distinct from the vertical transmission of DNA from parent to offspring.

Linkage disequilibrium: the nonrandom association of alleles at two or more loci in a population.

Loss of heterozygosity (LOH): refers to regions that display no heterozygous sites in a genome.

Multilocus sequence typing (MLST): a method used to characterize individuals genetically based on the sequence at a number of marker loci distributed throughout the genome.

Parasexual recombination: a process of genetic recombination, utilized by some organisms, that does not require the production and fusing of haploid gametes.

Peroxisome: a membrane-bound organelle, found in eukaryotic cells, involved in oxidation and lipid metabolism.

multiple assemblages [42–44] or subassemblages [45] can also occur in humans and animals, affecting estimates of heterozygosity. Furthermore, it appears that mixed genotypic infections can affect infection dynamics, such as increasing cyst shedding [43]. However, it is unclear how often mixed *Giardia* infections occur as they may only be detectable after subcloning and sequencing at a depth able to detect low levels of ASH [40].

Ploidy: the number of sets of chromosomes within the cell of an organism.

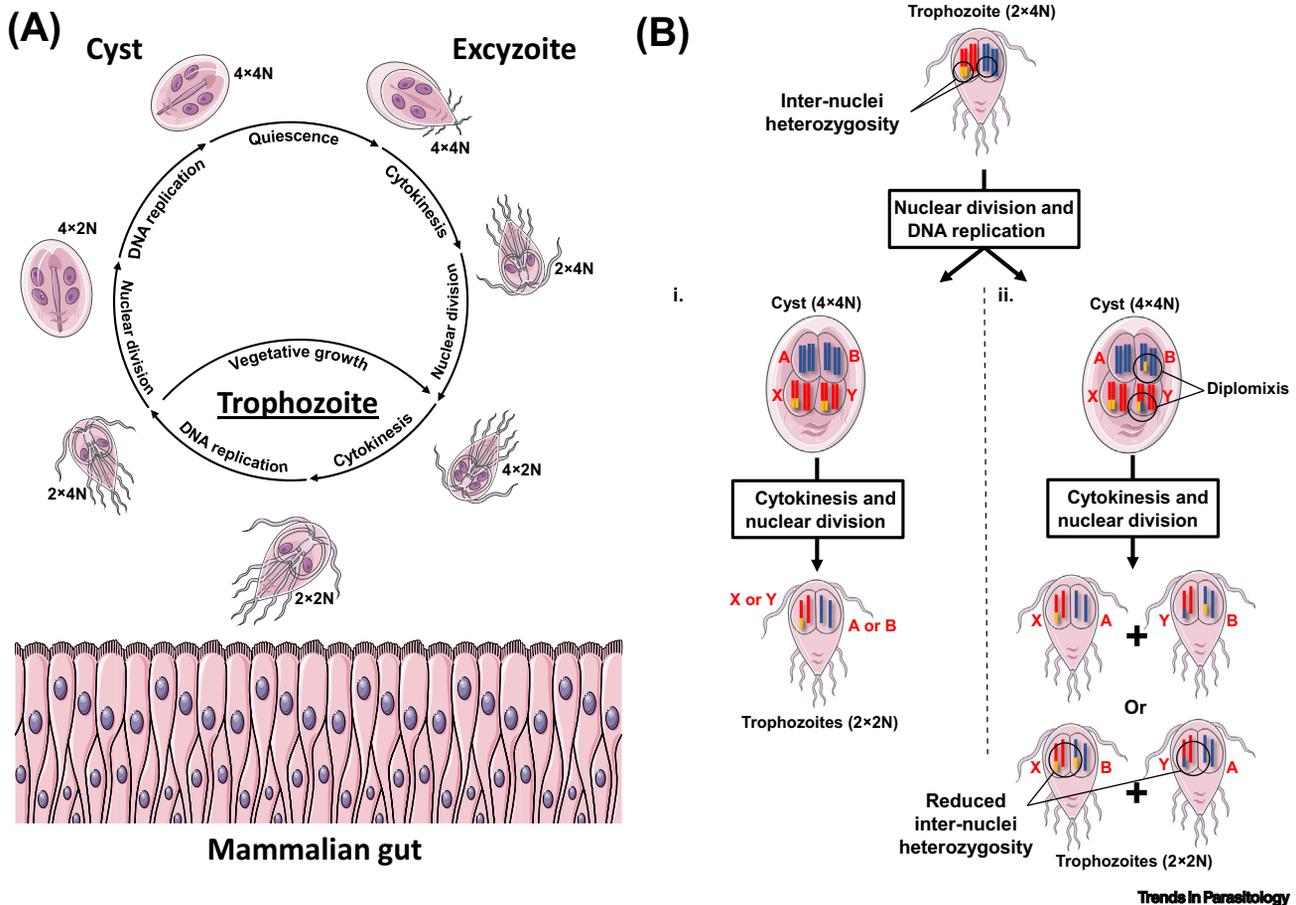
Trophozoite: the active 'feeding' form of the parasite located in the small intestine and responsible for pathology.

Current Methods Provide Insufficient Resolution

MLST approaches using targeted PCR with sequencing of amplicons have largely validated the assemblage model, leading to the proposal that the assemblages should be formally redefined as species [46]. However, as the current markers do not provide the resolution required to determine accurately relationships between isolates beyond assemblages, their effectiveness in the public health sphere has been limited. While putative subassemblages have been defined within assemblage A (AI–III) [45], the framework describing substructuring within assemblage B appears less robust [34]. There are also situations in which there is a lack of concurrence between the different markers that may be due to their low discriminatory power [47,48]. For example, there is only a single nucleotide difference that discriminates between the allele subtypes AI and AII within the *bg* amplicon and two for the corresponding *tpi* subtypes [34]. These issues are clearly demonstrated by recent high-resolution analysis that used an MLST consisting of six markers to examine assemblage A isolates [45]. While delineation into three distinct subassemblages was supported, individual markers were less stable and showed conflicting results when examined in isolation. This was attributed to potential recombination within the population. Similar incongruities were noted in a recent study of primate *Giardia* isolates; the current assemblage model could not be reliably reproduced with *ssu-rRNA* data, likely due to the low resolution of the marker [49]. There are also issues with the reliability of PCR assays targeting single-copy genes and it is common for only one gene to amplify. Success rates vary from 11% to 91% across the different markers, depending on the study [37]. Mixed infections and ASH can also make it impossible to infer alleles from direct PCR sequencing and it is necessary to use laborious transformation and cloning protocols before sequencing. These are often difficult and costly to implement in a diagnostic setting. This lack of reliability is likely due in part to the large amounts of contaminating DNA and inhibitors found in fecal material, compounded by the variable number of *G. duodenalis* cysts present [50,51]. However, it is also likely that there is a degree of sequence variability present in the genes affecting primer-binding sites and amplification success (Box 1 and Figure 2). It is therefore probable that a great deal of genetic diversity in the *Giardia* population is being overlooked due to the specificity of the primers used and the difficulties in amplifying from fecal material. As such, the currently available marker-based system for understanding the molecular phylogeny of *G. duodenalis* is limited in scope and does not provide a high level of genetic discrimination. This makes it virtually impossible to identify reliably transmission routes, reservoirs, and relationships between strains, hampering public health efforts to control giardiasis.

Investigating the Epidemiology of *Giardia* Infections

The lack of high-resolution genotyping tools also limits the ability to answer fundamental biological questions concerning the parasite, many of which have wider effects on understanding transmission and controlling disease. For example, a large number of companion and livestock animals are infected with *G. duodenalis*, including assemblages that can infect humans [52]. Although in some cases disease manifestation can be severe, the typical clinical impact for animals appears to be low and may often not be associated with clinical signs [53]. While companion animals appear more likely to be infected with species-specific assemblages (C/D in dogs, F in cats), they can also be infected with assemblages A and B. However, whether these actually pose a zoonotic risk is inherently difficult to ascertain due to the low resolution of current markers. Several studies have shown that animals and humans can share genotypes [54] and even subassemblages



Trends in Parasitology

Figure 1. An Overview of the *Giardia duodenalis* Life Cycle. (A) In the mammalian intestinal tract, binucleate trophozoites cycle between 4N and 8N during vegetative growth. Trophozoites swept into the large intestine differentiate into cysts and are released into the environment for direct transmission. During encystation, the two nuclei divide and the DNA replicates, resulting in a ploidy of 16N. After activation in the mammalian stomach, cysts excyst in the intestine to release a 16N **excyzoite** with four nuclei. This excyzoite divides twice without DNA replication, resulting in four trophozoites that begin the vegetative cycle in a new host. (B) *G. duodenalis* exhibits a unique parasexual cycle (**diplomixis**) that may contribute to lower than expected heterozygosity between the two nuclei of the cell. When the 16N cyst is formed during encystation, genetic exchange can occur between nuclei via homologous recombination. (i) Without diplomixis, **inter-nucleus heterozygosity** is maintained in the daughter cells. Consequently, inter-nucleus heterozygosity will continue to increase and the genomes of the two nuclei will diverge. (ii) With occasional diplomixis, regions of inter-nucleus heterozygosity can be transferred, reducing heterozygosity in some of the daughter cells and slowing the rate of divergence between the two nuclei. In addition, the process can generate genotypes with new allele combinations, further emulating sexual recombination.

[41,55–60], but incomplete MLSTs, in addition to the low resolution and incongruences between markers, mean these data cannot be definitive. Indeed, many studies rely on the use of a single marker, despite this being inadequate to group isolates reliably [34,40,49,61]. Instead, identifying *G. duodenalis* transmission between humans and animals has been inferred using classical epidemiological studies and indirect observations. For example, wide-scale vaccination of dogs in a deprived community in Argentina led to a corresponding decrease in the prevalence of *Giardia* in the local children [62]. Additionally, epidemiological analyses in India found a highly significant association between the prevalence of *G. duodenalis* in humans, dog ownership, and the presence of a *G. duodenalis*-positive dog in the same household [36]. Similar links were found between dog ownership and human infection with assemblage A in a UK setting [63]. However, no link has been found in other communities [64] and it likely that the epidemiology and zoonotic risk of *Giardia* infections vary in different locations. This diversity of epidemiological contexts underlines the need for novel

Table 1. *Giardia duodenalis* Host Assemblages

<i>Giardia</i> assemblage/ sub-assemblage	Host	Proposed nomenclature [46]
A I, II, III	Humans, non-human primates, canines, felines, other mammals	<i>G. duodenalis</i>
B	Humans, non-human primates, canines, felines, other mammals	<i>Giardia enterica</i>
C	Canines	<i>Giardia canis</i>
D	Canines	<i>G. canis</i>
E	Livestock	<i>Giardia bovis</i>
F	Felines	<i>Giardia cati</i>
G	Rodents	<i>Giardia simondi</i>
H	Marine mammals	

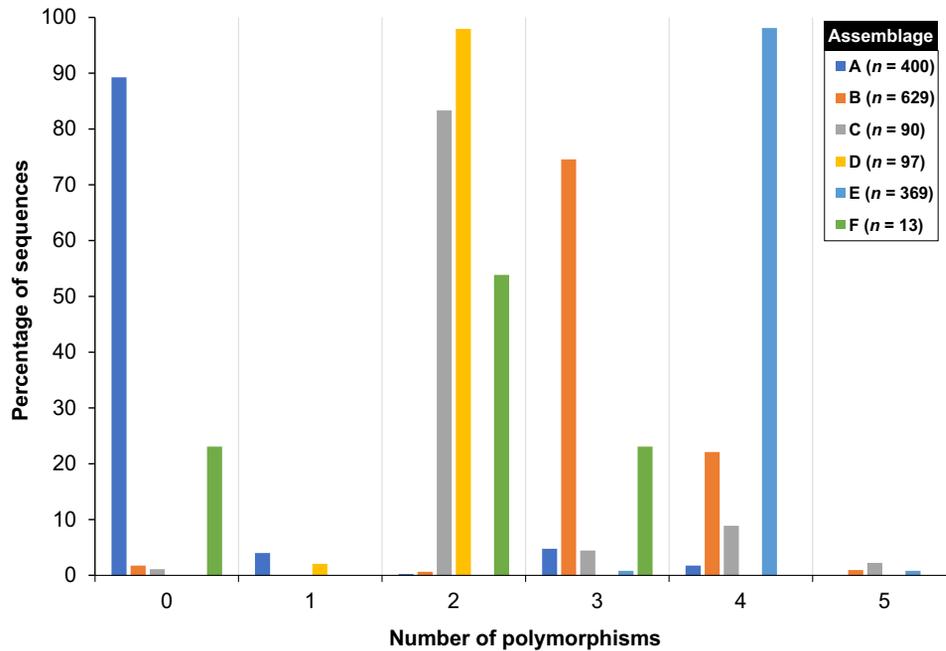
high-resolution genotyping methods which can be applied to reveal the particular transmission pathways in action in different areas.

Population Genetic Structure of *Giardia*

Another important aspect of *G. duodenalis* biology that cannot be resolved with the current molecular tools is the role that sexual recombination plays in creating diversity in natural populations of the parasite. Although seemingly an academic question, this issue is of practical importance as the occurrence of genetic exchange in pathogen populations can have a significant impact on disease epidemiology. For example, in asexual organisms only rare mutations at specific loci or horizontal gene transfers can provide new genotypes that may lead to drug resistance or increased virulence. Conversely, sexual organisms are able to produce new genotypes constantly through meiosis and chromosomal reassortment, allowing alleles conferring a fitness advantage to spread in the population. This in turn allows pathogens to adapt and exploit new conditions. In diagnostic and public health settings, sexual recombination also affects the ability to track outbreaks and identify transmission networks by disrupting the genotypes involved. Although *G. duodenalis* has many of the genes for meiosis [65], sexual reproduction has never directly been observed, and examination of **linkage disequilibrium** among isozymes suggests that *G. duodenalis* is asexual [66]. There are hints that the parasite may not be completely asexual, and sexual recombination may simply be a rare event [14,67]. In particular, extensive examination of the genetics of *G. duodenalis* from a single household found evidence for the reassortment of alleles between infections, suggesting sexual recombination [68]. Similar reassortment was suggested by a high-resolution study of assemblage A isolates that also indicated possible cross-assemblage recombination with assemblage E [45]. Horizontal gene transfer has also been documented between assemblages A and B [69,70].

Box 1. G376 Primer Annealing Site Diversity

The diversity found within the three main genes used to genotype *G. duodenalis* (*bg*, *tpi*, and *gdh*) makes them useful to differentiate assemblages and subtypes. The separate assemblages also display different diversities, allowing a degree of substructuring to be observed. However, this diversity may also encompass the primer annealing sites, affecting the amplification success rates for isolates and assemblages. For example, there are 1598 publicly available *G. duodenalis* sequences that include the annealing site for the commonly used β -giardin primer G376. Within these sequences, there can be up to eight polymorphisms compared with the primer sequence (see Figure 2 in main text). Assemblage A sequences are the least likely to have polymorphisms, likely reflecting the fact that primers were initially designed using this assemblage. Conversely, assemblages B–H are more likely to contain polymorphisms in the annealing site (most have at least two), making them harder to amplify. In addition, as these public sequences are, by definition, the products of successful reactions with optimal conditions for promoting amplification, it is reasonable to speculate that many sequences fail to amplify due to polymorphisms in the primer-binding sites and other inhibiting factors.



Trends in Parasitology

Figure 2. β -Giardin G376 Primer- Annealing Site Diversity among Assemblages. For this analysis, 1598 publicly available *Giardia duodenalis* sequences were downloaded and the G376 primer-annealing site identified and aligned. The number of differences between each sequenced site and the primer were calculated using the Levenstein distance. The data are presented for each assemblage, showing that assemblage A sequences have few polymorphisms in the annealing site compared with the published primer. By contrast, assemblages B–H have, for the most part, at least two and up to five polymorphisms in total.

An alternative explanation for the low levels of variance and heterozygosity observed in *G. duodenalis* is the utilization of a **parasexual** cycle during reproduction, similar to that in many fungi [71]. A parasexual cycle differs from meiosis in that it involves the fusing of two diploid parent cells rather than haploid gametes prior to genetic exchange. To return to a diploid state there must be a reduction in chromosomal number after this process. Microscopic evidence has shown that, within *G. duodenalis* cysts, nuclear fusion and genetic exchange can occur during the transition from the 4x2N to the 4x4N stage (Figure 1B), although without the loss of chromosomes [72]. This unique parasexual cycle could act to decrease heterozygosity within the *G. duodenalis* population, reducing the negative effects associated with deleterious mutations that accumulate in asexual eukaryotes [73]. It can also lead to the generation of new allele combinations, emulating some of the benefits of true sexual recombination. However, as this is essentially a form of self-fertilization (an extreme form of inbreeding), the system can only slow down the accumulation of mutations rather than eliminate them completely. Additionally, a parasexual cycle cannot explain the apparent recombination observed between *Giardia* isolates across assemblages and subassemblages [45,68–70], nor incidences of **lateral gene transfer** from bacteria and the host [14]. Alternatively, *G. duodenalis* may utilize large-scale **gene conversion** – evidenced by long-range **loss of heterozygosity (LOH)** – achieved through homologous recombination events to compensate for the build-up of deleterious mutations, similar to that described for the asexual parasite *Trypanosoma brucei gambiense* [74]. It is currently unclear if the large regions of homozygosity found in *G. duodenalis* genomes are due to loss of heterozygosity. Irrespective of the method, it seems likely that some form of recombination occurs in *G. duodenalis*. Higher-resolution markers or widespread sequencing will make it easier to understand how common the

phenomenon is and what the effects may be on the molecular epidemiology of *Giardia* infections. This is further supported by a recent study that found evidence for recombination between assemblage A subassemblages using six markers [45]. However, it is likely that infrequent recombination would affect estimates of how related individuals are, complicating interpretation.

A Need for New Genotyping Tools

Together, these issues indicate a need for more robust tools for genotyping *G. duodenalis* to understand better the molecular epidemiology of the disease and the biology of the parasite to improve outbreak management. The recent publication of updated reference genomes for *G. duodenalis* [75] and *G. muris* [17] provides more complete scaffolds to build upon and a well characterized outgroup for comparison, contributing to these aims. However, the development of new tools depends on collecting a large and diverse selection of sequenced isolates to capture the diversity in the field more fully. Previously, sequencing of *G. duodenalis* samples has been restricted due to the limitations of sampling from fecal material and the requirement to adapt strains to axenic culture [14,19,20,67]. This adds significant cost, is labor intensive, and introduces time delays to sequencing efforts. It also ensures that only culturable strains can be sequenced, introducing potential bias, although assemblage-specific techniques may improve axenic culture techniques in the future. Comparative genomic analysis may provide information that would improve the axenic culture of specific assemblages, such as the recent analysis of assemblages C and D that identified assemblage-specific genes [18]. Several clinical isolates have recently been sequenced without axenic culture by concentrating cysts from clinical samples [76]. This approach may have limited effectiveness in many situations due to the requirement of a large number of starting cysts (often difficult to obtain in a diagnostic setting) and also results in highly variable sequencing quality and coverage. Several new technologies, now reaching maturity, may allow the rapid whole-genome sequencing (WGS) of *G. duodenalis* isolates from the small amount of starting material available in the clinical diagnostic setting. Accurate genomes that represent the individual assemblages would also assist in resequencing efforts in samples with low starting material. For many years this was limited to assemblages A, B, and E, although genomes for assemblages C and D have recently been added as a resource for the community [18].

WGS of *Giardia*

Central to efforts to sequence *G. duodenalis* clinical isolates are affordable and relatively simple sequencing platforms that can be inserted into diagnostic pathways with little disruption. These technologies have led to the average cost of sequencing falling from US\$1000 per Mb in 2009 to \$0.01 in 2019. Costs are predicted to fall further with the drive to perform WGS routinely for certain pathogens to generate epidemiological data and to assist the management of outbreaks. Indeed, wider deployment of Illumina NovaSeq and third-generation long-read sequencing have recently been used to update the *G. duodenalis* reference genome [75]. The long-term aim would be user-friendly sequencing machines that could be deployed at the benchtop and used by non-specialist scientists in diagnostic laboratories. While we are still some way from this goal, and even upcoming 'black box' technologies (such as Seeplex or Filmarray) only detect pathogens rather than genotype them, on-site rapid sequencing has shown promise in improving the management of bacterial and viral outbreaks by enhancing throughput, reproducibility, and sensitivity. It has also led to a rapid expansion in the number of detectable genotypes and new strategies to understand the molecular epidemiology of these diseases [77]. This in turn has led to an improvement in identifying infectious agents and sources, tracking outbreaks and monitoring drug-resistance markers in infected individuals who do not respond to treatment. We suggest similar efforts should be made to build a substantial collection of sequenced samples from multiple centers across the globe to capture the diversity of *G. duodenalis* in clinical, veterinary,

and environmental samples, leading to better management of clusters/outbreaks, reservoirs, and drug resistance. To avoid the bottleneck of adapting strains to culture, several approaches have the potential to be developed to allow sequencing of isolates directly from fecal samples. For example, researchers in a recent study used a combination of cytometric sorting and single-cell whole-genome amplification to sequence assemblage C and D isolates from dogs, neither of which have been successfully cultured [18]. This revealed numerous genes that may be linked to host specificity and highlighted important differences in heterozygosity between the assemblages. Another promising technology is exome capture, an approach using biotinylated DNA or RNA 'baits' to capture DNA fragments from a target genome. This has successfully been used to identify and sequence material with a large amount of contaminating DNA, including enteric pathogens from faces [78].

Making Sense of the Genomic Data

If the issues of concentrating and purifying cysts to obtain sufficient quantity and quality of *G. duodenalis* DNA for sequencing are overcome, the next concern that limits the development of high-resolution genotyping markers becomes collating and analyzing the large amounts of genomic data. A centralized global database will be required to develop a standardized set of markers efficiently, either by adapting current resources like GiardiaDB [79] or developing a dedicated system that receives MLST or other forms of sequence data. Several such databases have emerged that collate data from bacterial and viral sources, such as Enterobase [80], PubMLST, and the European Nucleotide Archive, that facilitate standards used for MLST genotyping. Similar efforts have been established in the past for *Giardia* species, for example, ZOOPNET [54]; however, only now is the technology maturing sufficiently to meet the ambitions of the community for research and clinical applications. While a diagnostic panel of SNPs would provide the highest resolution for discriminating *G. duodenalis* genotypes, the most widely deployable output in the first instance will be additional MLST loci that expand on the current markers to increase reliability and resolution. These would ideally target genes or regions without indels that would cause frame-shift mutations, making them more amenable to direct sequencing and avoid cloning procedures. Direct sequencing is able to identify heterozygous positions across each of the four genomes present in a single *Giardia* isolate, providing extra discriminatory information [40]. Indeed, it may be preferable to target heterozygous regions to identify potential recombination events occurring between generations. Alternatively, if it is shown that LOH occurs in *G. duodenalis* to reduce deleterious alleles, identifying and contrasting such regions would also serve as a means to establish relationships between strains. In addition, a selection of genes that are under a range of selection pressures would be ideal to provide different temporal resolution. This may entail using markers with relatively high rates of mutation to track close relationships, while using slower evolving genes to elucidate more ancestral relationships. The power of an expanded MLST panel with higher discriminatory power has recently been demonstrated using a combination of six markers, revealing evidence for recombination and zoonotic transfer in assemblage A isolates [45]. However, increasing the number of markers further, and improving reliability across all of the different assemblages, would allow the collective effort of the *Giardia* community to quantify the degree of zoonotic transmission in different epidemiological contexts and to identify environmental or animal reservoirs of infection.

The Application of Genomics to Clinical Isolates

The ability to link closely related *G. duodenalis* isolates within a short period of time would allow potential outbreaks to be rapidly identified and effectively managed and could also be used to identify drug-resistant strains. This approach is already in use for other pathogens, including *Mycobacterium tuberculosis*, *Salmonella* spp. and *Escherichia coli* O157 [81]. Due to selective testing protocols largely based on patient travel history, there is potential for underdetection of

the parasite in clinical samples and under-reporting of domestically acquired cases, an issue recently highlighted in Scotland, UK [82]. Compared with other pathogens, limited resources are directed towards *Giardia* surveillance activities and, for this reason, it may be hypothesized that public health systems would lack the power to detect small-scale endemic outbreaks should they occur. This is particularly the case if these outbreaks had low case numbers and were not associated with a clear 'point source', such as a water contamination event. For these reasons, having the capacity to detect outbreaks routinely as part of a clinical genomics laboratory service would represent a major step forward for public health [12]. PCR and Sanger sequencing-based MLST approaches have the benefit of being more easily inserted into current laboratory pathways [83,84], are rapid, cost-effective, and are also more likely to be adopted in lower- to middle-income countries that lack the capacity to perform large amounts of sequencing. As sequencing technology reaches greater penetration, clinical diagnostic services could begin to incorporate high-throughput sequencing into their pipelines while maintaining backwards compatibility with established MLST systems [84]. The cooperation of low-, middle-, and higher-income countries will not only be essential to identify both endemic outbreaks and reservoirs but also to distinguish cases caused by 'foreign' genotypes of *Giardia* that have been imported through international travel. Working in such a broadly collaborative manner will undoubtedly raise issues in the sharing of public health data, the policies for which can vary widely between countries. Fortunately, efforts such as the Global Alliance for Genomics and Health are working to facilitate such programs, and their recommendations have been adopted by a number of health services worldwide [85].

Using Genomics to Understand the Biology of *Giardia*

Although the collection of large amounts of sequencing data and the development of more robust sets of MLSTs will directly impact the management of giardiasis, these data will also contribute to answering several long-standing questions concerning the biology of the parasite that have implications for the disease. For example, large numbers of genomic or high-resolution MLST sequences would reveal the degree to which allelic recombination occurs between generations of parasites, especially if isolates were closely linked in terms of geographical location and time of sampling. The differences between generations would also demonstrate whether recombination was occurring between individuals or a parasexual cycle was being utilized [72]. Determining the amount of recombination occurring in the field is important as it directly impacts our understanding of transmission networks and the likelihood of positive mutations becoming fixed in the population. These data would also confirm which assemblages are true species and no longer share genetic information, and those that have host-specific adaptations which limit their zoonotic potential. For example, in assemblage C isolates, several genes have been identified that are suggested to be involved in host specificity [18]. Finally, the capacity to genotype large numbers of isolates accurately has the potential to reveal associations between parasite genes and phenotypes. This will allow forward genetic techniques to be used in *G. duodenalis* for the first time, making it easier to link genotype to phenotype. Similarly, the ongoing refinement of single-cell genomics and transcriptomics also provides a tool to examine important biological questions in *Giardia* [86]. This would include identifying genes that distinguish between drug resistance and treatment failure [87], and identifying genotypes involved in more severe sequelae [11]. These approaches along with other advances in functional analysis will, to some extent, compensate for the lack of a reverse genetic framework for *Giardia* which has stifled research in this area [88]. Fortunately, inroads are being made with the development of CRISPR/Cas9-mediated gene knockdown protocols, although the capacity for complete knockout remains elusive [89,90].

The current genetic contribution to drug resistance is unclear [91] and appears to be largely linked to transcriptional changes mediated by epigenetic factors [87]. However, there are numerous

polymorphisms in several of the genes believed to be involved [92]. This suggests that, if associating polymorphisms are identified in these candidate genes, then there is the capacity to identify and distinguish cases of true drug resistance from treatment failure for alternative reasons. The application of WGS to clinical isolates would also reveal whether *de novo* positively selected mutations, including LOH events, arise *in vivo* and what role they may play in drug resistance. This knowledge would lead to an improvement in patient treatment by allowing alternative drug regimens to be followed immediately rather than waiting for treatment failure. If an effective alternative treatment can be utilized quickly in such cases, this would reduce the selective power of the ineffective treatment and limit the spread of resistant genotypes, therefore benefiting wider public health. To date, no allelic variants of genes have been identified that associate with different clinical outcomes of *G. duodenalis* infection, despite symptoms ranging from asymptomatic carriage to long-term IBS [11]. Preliminary data are largely ambiguous, with conflicting genotypes associating with the development of symptoms [2,93]. Again, the use of a publicly available pathogen database (or expanding current resources such as GiardiaDB) that integrates data from forward genetic screens and association studies would facilitate the identification of the genes involved. However, this would require a degree of clinical information being made available alongside the genetic information, complicating data-sharing across jurisdictions. It will also be important to determine the molecular profile of isolates from asymptomatic cases, raising further ethical and logistical issues. The input that host and parasite genetics have in determining outcome is important to establish as these asymptomatic cases may represent a large and overlooked reservoir of infection for susceptible individuals, again impacting public health.

Concluding Remarks

In summary, there has been a long-held view that new genotyping markers are required for *G. duodenalis* to address numerous issues (see Outstanding Questions). New sequencing technologies based on genome capture and single-cell sequencing mean that it is now possible to achieve these aims using clinical samples. However, successfully expanding the MLST framework for *G. duodenalis* will require cooperation across the research, medical, and veterinary communities to develop a consistent set of standards and methods to avoid replicating effort and maximizing return. Efforts to develop a genotyping framework will also benefit from establishing a centralized database to collate and process data to deliver tangible outcomes that benefit public health. This does not necessarily require the generation of new tools, as current resources such as GiardiaDB may be expanded to perform a wider role. The routine application of WGS to clinical samples in the public health sphere would allow a genomics-led approach to outbreak detection, which contrasts to the ‘response mode’ approach currently taken where only large-scale outbreaks identified by other surveillance activities are genetically characterized. Clinical genomics would also allow drug-resistant isolates to be comprehensively genotyped, determining whether resistant lineages are circulating and whether *de novo*, positively selected mutants play a role in this poorly understood phenomenon. If successful, these approaches will greatly improve the global effort to reduce *Giardia* infections effectively and minimize outbreaks, and also answer long-standing questions concerning the biology of these unique eukaryotes.

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Outstanding Questions

Which new technologies are the most likely to successfully sequence *Giardia* parasites from clinical samples?

What centralized resources are needed to coordinate and collate new genomic data to deliver tangible outcomes for researchers and health practitioners?

Which loci have the greatest potential to serve as new molecular epidemiology markers for *G. duodenalis*?

Can small-scale outbreaks of giardiasis be detected with high-resolution markers and appropriate surveillance?

What are the minimum number of loci required to provide the information for researchers and health services to achieve their aims?

What role do production and companion animals play in the transmission of *Giardia* in different epidemiological contexts?

To what degree do *Giardia* parasites undergo sexual or parasexual recombination, and how will this affect interpreting epidemiology data during outbreaks?

Can new molecular markers aid health practitioners in predicting drug resistance or symptom severity during giardiasis?

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