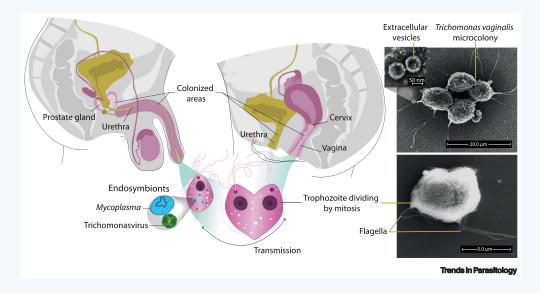
# **Trends in Parasitology** | Parasite of the Month Trichomonas vaginalis

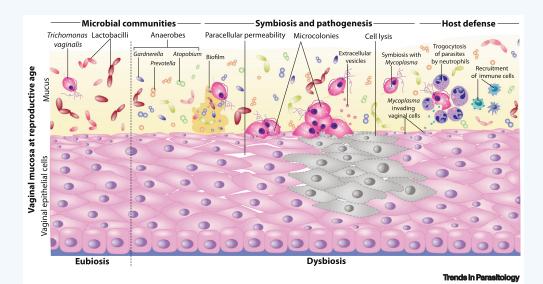
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The extracellular protozoan parasite Trichomonas vaginalis colonizes the lower urogenital tract of humans: the vagina, ectocervix, urethra, and prostate, where trophozoites divide asexually and the transmission depends on sexual contact. Trichomoniasis is the most common, nonviral sexually transmitted infection worldwide, accounting for ~270 million cases each year. Pathogenesis has been well characterized in the female genital tract, where reproductive outcomes are clinically relevant, resulting in vaginitis with discharge. T. vaginalis often carries endosymbionts (Mycoplasma and Trichomonasvirus spp.) and is accompanied with vaginal dysbiotic microbiota containing mostly anaerobic bacteria. Host cell adhesion, phagocytosis, and lysis are the major virulence traits of *T. vaginalis*, with levels varying among strains. Immunopathogenesis is modulated by endosymbionts and the associated microbiota. Despite drug resistance being documented for decades, 5-nitroimidazoles remain the only treatment option.



#### **KEY FACTS:**

While parasite colonization is inhibited by protective lactobacilli in the vaginal microbiota, T. vaginalis and the bacteria causing bacterial vaginosis amplify disease synergistically.

Metabolic interactions with Mycoplasma enhance the growth and weaken the macrophage-mediated killing of T. vaginalis.

5-Nitromidazole treatment of trichomoniasis neither eliminates Mvcoplasma nor counteracts the vaginal microbiome disturbances; hence novel therapies are necessary.

Despite hurdles of genome size (~160 Mbp and 60 000 protein-coding genes) and repetitiveness, CRISPR/Cas9 editing should advance genetic studies.

#### DISEASE FACTS:

Trichomoniasis is associated with poor birth outcomes and increased risks of HIV transmission and cervical cancer.

Parasite clumping is strain dependent. Size-variable microcolonies dysregulate epithelium permeability or promote its destruction.

Parasite extracellular vesicles are immunomodulatory, 'priming' host cells and parasites for adherence.

T. vaginalis-induced immunomodulation contributes to pathology, HIV spread, and immune evasion.

Neutrophils kill the parasites by trogocytosis, but reinfections are common due to insufficient immunity.

### TAXONOMY AND CLASSIFICATION:

**KINGDOM:** Protozoa PHYLUM: Parabasalia **CLASS:** Trichomonadea **ORDER:** Trichomonadida FAMILY: Trichomonadidae **GENUS:** Trichomonas SPECIES: T. vaginalis

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#### Resources

www.cdc.gov/dpdx/trichomoniasis/ www.who.int/news-room/fact-sheets/detail/sexually-transmitted-infections-(stis) https://trichdb.org/

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